

THE FAMILY MATTERS OCTOBER NEWSLETTER

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AN AFTERNOON OF FAMILY, MUSIC, AND LOVE

Though the weather was definitely questionable in the morning, with rain and gray skies, luckily, the clouds parted and made way for beautiful sunshine and a gorgeous blue sky, allowing our outdoor concert to go on without a hitch! It certainly was a bit chilly, but that did not prevent families from spending a bit of time with their loved one, safely social-distancing in the parking lot while enjoying great music, courtesy of Ron Papaleo, playing oldies but goodies from the 30's through 60's. Many toes a-tapping, and hands a-clapping. Singing too, but muffled beneath masks. Many thanks to administration and activities for all the hard work in pulling this event together. We hope all those who attended enjoyed themselves!















RESIDENT PROFILE

JANE ANDERSON

What better place than church to meet your soulmate?



Jane was born and raised in North Canton, Ohio, where she lived her entire life (before moving to Anna Maria in 2019). Her father, Wilbur, was a scholarly man and a school superintendent. Her mother, Delta, was a home-maker; it's widely suspected that Jane inherited her "impish" personality from a gene on her mother's side. Jane and her brother Ron (with whom she was very close) enjoyed a fun and loving childhood, filled with lots of won-derful memories. After graduating from high school, Jane attended Heidelberg College in Tiffin, Ohio, about two hours west of Canton. Jane majored in education and was active in a performing singing group. She was quite the popular gal and elected Homecoming Queen. Though Jane caught the eye of many young men while at school, there's one in particular that caught her eye and didn't let go: her future husband Roy. The two love-birds married after his service in the Army.

The newlyweds settled in North Canton, and were blessed with two children: Jennifer and Stuart. The family was close, spending much time playing games, crafting, cooking, and traveling throughout the U.S. during the summer months. Jane was a school teacher at Cedar Elementary (Canton Public Schools) and taught 2nd and 5th grade. She enjoyed her days in the classroom and made a significant impact on her students, many of which stayed in touch with her. Roy was in sales and traveled quite a bit. After retirement, Jane served as a board member on the Ohio Retired Teachers Association, overseeing their pension funds. The extra time funded by retirement resulted in the development of a new passion: acting. She volunteered backstage at the Canton Playhouse and was ultimately "bit" by the acting bug. After working only one backstage show, Jane moved onto the front of the stage. She founded the North Canton Playhouse Senior Troupe, producing countless plays and musicals. After a few years, Roy joined in on the fun, and they two spent many happy years performing together. One of their heralded vignettes was a skit about an elderly couple called, "Do We?" What a delightful show! Very well-received.

Sadly, Roy passed away two years ago, and though Jane misses him dearly, she decided to move to an Anna Maria apartment to be closer to her daughter Jen, who lives in Solon. Jen and husband Dave, along with their kids Lindsay and Dan, keep in touch with Jane via lots of phone calls, and outdoor visitation. Son Stu and his wife, Deb, reside in Chicago, and visit monthly. We couldn't be happier to have Jane here with us, and we wish her continued good health and happiness.



What a beautiful family! Roy, Jane, Jennifer, Stuart, spouses, and grandkids



Jane – majorette in high school

Jane and her parents (look at the impish grin)

What a beauty! Homecoming Queen

OCTOBER EMPLOYEES OF THE MONTH

ANNA MARIA



SARAH HARVEY, COOK.

She gives 110% every time she works!

Congratulations to our Anna Maria of Aurora Employee of the Month, Sarah Harvey, Cook. Sarah is a team player and leader, and was instrumental in coordinating safe dining options for our residents during the early days of Covid. She gives 110% every time she works, along with a positive attitude. You'll always find a pretty smile on her face! Congratulations and keep up the good work.

KENSINGTON AT ANNA MARIA



MICHAELA STANZIALE, STNA.

She is team player!

Congratulations to our Kensington at Anna Maria of Aurora Employee of the Month, Michaela Stanziale, STNA. Michaela has shown outstanding dedication to our facility, as she'll do whatever is necessary to provide top-notch care for our residents. She is team player, and will always lend a helping hand whenever needed, even if that help is required in a different department. Michaela is 100% committed to our core values of Every Resident, Every Family, Every Day. Congratulations.

Anna Maria / Kensington at Anna Maria



A LOOK AT WHAT'S BEEN GOING ON!

OWL YOU NEED IS LOVE

Kensington at Anna Maria residents crafted the cutest owl simply by using a toilet paper roll. Felt, string, googly eyes, and colored construction paper rounded out the rest. So simple, yet so cute. Our little owls are a reminder that we are all OWLSOME!





Lois M.



Joey W. contemplates making another owl



Marilyn D.

PAINTED ROCKS



Enjoying the fresh air and sunshine

A local Girl Scout troop donated rocks lovingly painted with pretty pictures and inspirational sayings. Anna Maria residents spent a sunny afternoon outside admiring the rocks and placing them strategically on the grounds throughout the courtyard.



Phil D. likes the snail rock

Genee H. is awesome today

Dolores H. loves the purple rock



HANGMAN



Next to Bingo, out residents enjoy a good game of Hangman. Always lots of fun figuring out the mystery word. Not as easy as it seems, as our activities gals keep the residents "on their toes" with tricky words.



IT'S FALL, Y'ALL!



Receptionist Colleen Storme prepares to hang a Welcome Fall sign

Anna Maria resident Ron S. testing out a possible Halloween costume, a Mummy

This sign hangs on the door of Virginia G.

Like it or not, Fall is officially here! Who's ready for sweaters, cooler weather, changing colors, apples, pumpkin-everything, and Halloween? We are! Get ready, because here we come!

BIBLE STUDY



Due to Covid, many of our volunteer-run activities have ceased. Though we hope these activities and volunteers can return one day soon, we are fortunate that a few activities have resumed, thanks to the kindness of our employees, like part-time receptionist Linda Timko. Linda is an active member of Parkside Church in Solon, and she graciously volunteered to hold a Bible Study session on Sundays. Residents are absolutely loving it. Though it's only a ¹/₂ hour once a week, it certainly provides a sense of calm and peace. Thank you, Linda.

CONGRATULATIONS!



Norton





Dietary Manager Tony Pepe, Mackenzie, Chris Sue Lanese with Administrator Chris Norton

Sue Lanese (center) with Nurse Manager Jill Bevino & DON Diane Staton

Four employees celebrated milestone anniversaries in September. Congratulations to Lisa McFarland, AL/IL Activities Director, 5 years - Mackenzie Arnold, Dietary Supervisor, 5 years - Emily Flores, Therapy, 5 years, and Sue Lanese, STNA @ Kensington, 5 years. We sincerely appreciate the dedication of these wonderful employees.



Emily Flores (center) with Aaron Baker (I) and Phil Halstead (r)



Lisa McFarland with Aaron Baker and Jazmin Williams



WE REMEMBER - NEVER FORGET! 9/11



Patriot Day (9/11) is recognized as the official day of remembrance for this tragic event. Employees wore red, white, and blue as we honored the memory of those who lost lives and loved ones.

PAPERWEIGHTS



The activities group offers assistance

While cleaning out an area in her backyard, a Kensington employee came across many, many rocks. So she decided to bring a few in for a craft. The activities staff immediately thought: paperweights! The rocks were painted and put to good use holding down the many pieces of paper that come our way.





Helen W. works diligently on her rock

BAD TO THE BONE

Or, as we'd like to say, Awesome to the Core! Kensington at Anna Maria residents really appreciate their caretakers, and like to show their appreciation with small "made with love" gifts. September's gift was a delicious apple with a small tub of peanut butter wrapped in cellophane with these awesome words, "Our Staff is Awesome to the Core." We do agree!



The Kensington crew gets ready to distribute



Gabe Norton (I) is to first to receive an apple!



BUTTERFLIES



Activities Supervisor Amber Reed hands a butterfly to Dora M.

Dora M. gets ready to release her beautiful butterfly

It's true... one can purchase anything on Amazon! Kensington Activities Supervisor Amber Reed recently purchased a butterfly kit for her kids; they had so much fun with it, she thought it would be a wonderful activity for our residents. The kit included caterpillars and food. After about two weeks, butterflies emerged from the cocoons! An absolutely wonderful transformation. After saying "goodbye," the butterflies were released outside.

Assisted / Independent Living

A LOOK AT WHAT'S BEEN GOING ON!

STONE CHERRY PIE

Welcome back Ernie Quesenberry! Our residents have missed you. Ernie assisted with many activities in the AL/IL area, however, with Covid eliminating many of our activities and bus outings, his assistance has not been needed. However, Ernie is back and residents are SO glad to see him. His first safe, socially-distanced activity? Baking a Stone Cherry Pie. Stone Cherries belong to the tomatillo family, and are similar in size and shape to a cherry tomato. The taste varies, according to how it's cooked. Some say the taste is similar to a pineapple, yet others detect a sweet, vanilla cake- type flavor. Yet others swear it tastes just like corn-on-the-cob. The pie turned out absolutely beautiful with a very unique taste. The final verdict on the flavor? Undecided...



YOGA WITH LISA

Activities Director Lisa McFarland has taken over the duties of yoga instructor, and residents are so glad to "stretch" again. Everyone definitely feels much more relaxed after a good stretching session.



THANK YOU LISA KING!

Many thanks to Lisa King (dietary) for her very generous donation of Halloween decorations. Such a kind and much appreciated gesture. Residents sure will enjoy decorating the hallways for Halloween.



BEAUTIFUL LADIES!

Wow, don't these ladies look lovely? Ginger O. has a "new do," and Valia A. shows off her manicure.



A BOUNTIFUL HARVEST

Even though fall is officially here, we still have plenty of delicious cherry tomatoes to harvest in the Grande Courtyard. Great crop this year! We also tried growing something a little different this year: Stevia. It's a sugar substitute made from the leaves of the stevia plant. We will soon harvest the plants and grind it up to use as a natural sweetener in our coffee and tea. Stevia is free from calories, carbohydrates, and artificial ingredients. It's a safe alternative to sugar for diabetics.



CALENDAR

OCTOBER IS...

- National Spinach Lover's Month! You know it's good for you!
- National Pizza Month! What's your favorite topping? Pepperoni tops the list...
- Adopt-A Shelter Dog Month
- **National Cheese Month** Mozzarella is the most popular in the U.S., followed by Cheddar...
- **National Pumpkin Day on the 26th** How appropriate; right before Halloween...
- Two full moons! The first, a Harvest Moon, occurs on 10/1, followed by a Blue Moon on Halloween, 10/31

OCTOBER BIRTHDAYS!

					<u> </u>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 Ida Tonti Nancy Dumont	6 Frances Harper	7 Phyllis Lombardo	8 Michael Ahern	9	10 Gloria Schneider
11	12	13 Ann Wetzel	14	15	16	17
18 David Jackson	19	20	21	22	23	24
25 Lucille Stanley	26	27 Ann McDermott Leroy Getz	28 Laverne Meehan	29	30	31

ON THIS DATE...

01 1971

The Magic Kingdom at Walt Disney World opens in Orlando, Florida (10 original rides from opening day still remain, including Dumbo the Flying Elephant, the Haunted Mansion, It's a Small World, and Peter Pan's Flight)

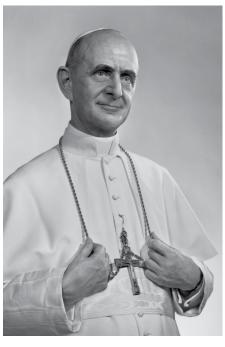






04 1965

Pope Paul VI is the first Pope to visit the United States and first to address the United Nations



08 1871

The Great Fire of Chicago erupted, killing over 300 people and leaving over 90,000 homeless



271904

The New York City subway begins service. It opened to the public at 7pm and more than 100,000 people paid a nickel to take their first ride

FROM THE KITCHEN OF DELLA HEJDUK (ANNA MARIA SOCIAL SERVICE DESIGNEE)

THIS IS ONE OF DELLA'S FAVORITE RECIPES! PUMPKIN CHOCOLATE CHIP WALNUT COOKIES



PREHEAT OVEN TO 350 °

INGREDIENTS

¹/₂ cup shortening
1 ¹/₂ cups white sugar
1 egg
1 cup canned pumpkin
1 t. vanilla extract
2 ¹/₂ cups all-purpose flour
1 t. baking powder and baking soda

t. salt
 t. ground nutmeg and ground cinnamon
 ¹/₂ cup chopped walnuts
 1 cup semisweet chocolate chips

DIRECTIONS

Preheat oven to 350 degrees - Lightly spray cookie sheets

In a large bowl, cream together the shortening and sugar until light and fluffy. Beat in the egg, then stir in the pumpkin and vanilla. In a separate bowl, combine the flour, baking powder and soda, salt, nutmeg and cinnamon – gradually add to the creamed mixture. Stir in the walnuts and chocolate chips. Drop teaspoonfuls of dough onto the prepared cookie sheets.

Bake for 15 minutes in the preheated oven, or until light brown. Remove and Cool on wire racks.

ENJOY!





HAPPY HALLOWEEN

SCARY GOOD FACTS!

Did you know that Halloween is the second highest grossing commercial holiday after Christmas? Americans spend over six billion dollars each year on costumes, cards, candy, and decorations! Frightening, isn't it? Perhaps, but what's NOT fun about Halloween? It's a holiday everyone, no matter what your age, can enjoy. Here's some interesting facts about this devilishly-fun holiday!

MOST POPULAR CANDY BAR?

Reece's Peanut Butter Cups followed by Snickers then M & M's. Keep this in mind when shopping for candy!

AVERAGE CANDY COST?

Over 600 million pounds of candy are sold each year - the average person spends about \$25

WOW!

Wow! The weight of the largest pumpkin ever grown? A whopping 2,625 pounds!

It's believed that Ireland is the birthplace of Halloween!

FASTEST-SELLING FICTION BOOK?

8.3 million copies of Harry Potter and the Deathly Hallows flew off store shelves in just 24 hours, setting a world record for the fastest-selling fiction book



TRICK-OR-TREAT!

Trick-or-Treating was popularized in the 1930's in the United States

LOOKING FOR A SCARY MOVIE?!

Nearly four decades after its release, The Exorcist remains one of the scariest movies ever made



SAMHAINOPHOBIA?

Samhainophobia - the term for the fear of Halloween







	м	10	17	24	31
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