

Record-Breaking Fundraising Efforts for the alzheimer's R association[®]



H ard work pays off. Due to a lackluster 2020 due to Covid, the Campus of Anna Maria of Aurora put their fundraising efforts into overdrive this year, and the extra effort paid off tremendously. On Friday, October 1, we proudly presented a check for \$21,000.00 to Lindsay Walker, Executive Director of the Alzheimer's Association, Greater Cleveland Chapter. Our car show in August raised over \$15,000 with the remaining monies coming from sales of tickets purchased for various raffle baskets, candy bar sales, soup and chili cook-offs, Jeans Day Fridays. The entire campus worked together tirelessly to raise these funds and we couldn't be prouder. *** Stay tuned to next month's newsletter for pictures of our "Alzheimer's Walk" at Canal Park in Akron!!

Additional Areas to Enjoy the Outdoors...

See page (7) for pictures of our lovely new gazebos! We hope families take advantage of these great structures!



Covid and Visitation

Please check our website – **annamariaofaurora.com** – for updated information on Covid and family visitation. Administration will continue to alert families with changes and updates via email. Please contact the front desk to inform of any email changes or additions. Thank you.

Linda Farmer



Linda Lou Mitchell was born on February 17, 1953, in Ravenna, Ohio. She was the youngest of her six siblings, however, another sibling was born a few years later, so no longer the baby! The family moved to Diamond (southern Portage county), just east of Lake Milton, when Linda was a few years old. After graduating from Southeast High School, she married her high school sweetheart, Keith Farmer. Nine months later, the newlyweds welcomed a bouncing baby girl - Tina. Ten months later, Tina was joined by baby sister Bobbie Jo. Four years later: Baby boy Ronnie joined the family. Linda enjoyed her time as a "domestic engineer," however, once Ronnie entered kindergarten, she joined the work force – Witchie Rubber Products in Ravenna. While she enjoyed her job, a few years later, Linda decided to try something different – selling life insurance for Don Honeck and Associates. Unfortunately, during this time, Keith and Linda drifted apart, eventually deciding to divorce in 1987. Linda and the kids moved to Michigan where Dane, a good friend of Linda's, resided. Dane and Linda developed a close relationship; luckily, the kids liked, respected, and welcomed Dane into the family. Linda did travel back and forth to Ohio so the children could spend time with Keith. A favorite vacation spot? Brevort Lake in the Upper Peninsula, where every summer the family rented a cabin. Lots of fishing and relaxation! Though Linda is most proud of her three children, she's also proud of her sewing and crocheting skills. These skills were good enough to sew Bobbie Jo's prom dress (yes, Bobbie Jo approved!) In 1994, Linda suffered a heart attack; thankfully, due to the excellent care she received at the Cleveland Clinic, she recuperated just fine. In 2010, Dane was diagnosed with leukemia and sadly, passed away a year later. After his death, Linda moved to Kansas to reside with daughter Tina. She remained there for a couple of years before relocating back to Ohio to live with her sister, Sandra. Linda moved to Anna Maria one year ago, and hasn't looked back. She enjoys all the fun activities offered by our wonderful activities department. She is a HUGE fan of candy (any kind of candy), and looks forward to visits from her nine grandchildren and two great-grandchildren. Stop by anytime to chat with this lovely lady; she may just share a piece of candy with you!

OCTOBER 2021

EMPLOYEES OF THE MONTH

Brandi Mace, Assisted Living Caregiver



Anna Maria

Title: Assisted Living Caregiver

Years of Service: Six Years

Favorite Restaurant: Loves the filet mignon and shrimp at Wild Mango in Legacy Village

Favorite Food: seafood, Mexican, pizza

Hobby: Enjoys listening to music, especially R & B and Hip Hop – Favorite artists are Rhianna, Chris Brown, and Ice Cube

Family: Mom, Dad, and four siblings. Family is very close and supportive of each other

Fun Fact: Brandi is the most down-to-earth person. She's genuine and a true friend to all

Why Anna Maria: the residents ADORE her and she adores and loves them right back. Appreciates the family atmosphere

Susan Farmer, Social Service Designee



Kensington

Title: Social Service Designee

Years of Service: Five years

Favorite Dessert: Tiramisu

Family: Husband Dan, daughter Amber (sophomore at Kent State); son Jarad (junior in high school)

Hobby: Enjoys reading, especially spiritual and religious books – family likes to hike

Music: Enjoys country and hip hop

Fun Fact: grew up on a 275-acre farm in LaGrange, Ohio, with cows, pigs, chickens and lots of crops

Why Kensington?: Appreciates the family approach to care of the residents – grateful to be part of a great team that CARES a lot





A look at what is going on...

String Painting

Such a FUN and easy way to create beautiful artwork! Simply saturate a piece of string with paint, place on the right side of a piece of white paper, fold vertically, press down and PULL the string out towards the bottom. Can use more than one piece of string for multi-colored effect. Kensington residents had a lot of fun with this easy art project.



Dale S. uses yellow and purple colors

James S. getting messy with yellow



Marilyn D. having fun with green

Toilet Tissue Pumpkins

hank goodness the toilet paper shortage is way over, for we needed rolls of the TP for this adorable craft! Take a roll of TP and cover with orange fabric, add a paper green leaf and a cinnamon stick stem and – Instant pumpkin!







What a cutie pie! Dolores H.







Great job Debra G.!



Kensington residents hard at work



Virginia Gharky



Great smile (and pumpkin) Betty B.

Fall Edition

Congratulations Susan Farmer and Bob Panzero!

ongratulations to Susan Farmer (Kensington Social Services) and Bob Panzero (Maintenance) on celebrating 5 and 10 years of service, respectively. We are proud and grateful that so many of our employees find longevity here on our campus. Thank you for your dedication to our residents!



Bob (2nd from right) and his happy co-workers



Susan (center) with DON Diane Staton and administrator Chris Norton



Bob's cake.. So delicious...



Bob (right) with administrator Aaron Baker

Celebrating Oktoberfest

esidents at Kensington were treated to a most delicious Oktoberfest dinner featuring hot soft pretzels, pierogis with sour cream, a German potato and vegetable soup, and apple strudel for dessert! We hope to have more of these themed dinners in the near future.



Marjorie L. sure enjoyed her delicious meal

Lots of Oktoberfest decorations

We Got Ya Covered!

Last year, during the height of Covid, it became clear to us that we needed to take advantage of our outdoor spaces. How could we turn our plentiful green space into warm and welcoming areas where families and residents could enjoy fresh air yet be protected from direct sunlight? We found our answer with a local company (out of Newbury) called Northwood Cabins, specializing in exactly what we were looking for – outdoor pavilions. Construction of two pavilions at Kensington (Main and Southwest courtyards) and one at Anna Maria (Arborview courtyard) were recently completed though a few finishing touches need to be added. Please take advantage and enjoy these gorgeous pavilions. Let us know what you think! Email administrator Chris Norton with your comments – cnorton@annamariaofaurora.com.



Giant Word Search

kay, so who hasn't searched the closeout section at Marc's? Nine times out of ten a great bargain is to be found! Kensington activities assistant Kathy Metzger found this giant word search and thought – what a great activity for our residents! Yep, residents (and employees too) sure enjoyed searching for those words! Bonus – other side features a crossword puzzle!









B-I-N-G-O

B ingo will always be a favorite activity amongst our residents, nursing home and assisted / independent living. Just what is it about Bingo? Obviously the social interaction, chance to win prizes (always a plus), boosts memory and assists with coordination. A win, win for sure. Always smiling faces on Bingo days!



Dorothy D. (background) and Dorothy S. (foreground)



Jenny D. (left) and Ann C. (right)



Peggy N. (foreground) with Betty K. and Gary B. looking on



Tom and Catherine Priester hope to win a game



What a happy group of Bingo players



Kensington residents get ready to play their favorite game

Happy 90th Birthday Theresa and Frances!

H appy, happy birthday to Anna Maria residents Theresa Gleeson and Frances Zirkle, who turned 90 years young last month! We wish these lovely ladies many more years of good health and happiness! Welcome to the nonagenarian club!



Theresa Gleeson

Frances Zirkle

Debbie Carr's Favorite Fall Recipe:

Chocolate Chip Pumpkin Muffins

Debbie Carr (LPN, MDS at Anna Maria) loves this time of year! She enjoys baking and is happy to share one of her favorite pumpkin recipes! Enjoy!



Preheat Oven to 375 degrees

2 cups all-purpose flour
2 ¹/₂ t. baking powder
1 t. ginger
1 t. ground cinnamon
³/₄ t. salt
¹/₄ t. baking soda
Dash of ground allspice
1 large egg, room temperature
³/₄ cup packed brown sugar
³/₄ cup canned pumpkin
2/3 cup milk
3 T. melted butter
1 t. vanilla extract
¹/₂ cup mini semisweet chocolate chips



In a bowl, combine the first 7 ingredients. In a separate bowl, combine the egg, brown sugar, pumpkin, milk, butter and vanilla; stir into dry ingredients until moistened. Stir in chips.

Fill 12 paper-lined muffin cups 3/4 full. Bake for 18-22 minutes or until toothpick comes out clean. Cool for 5 minutes before removing from pan to wire rack.

OWL You Need is LOVE

R esidents truly appreciate the excellent care our employees provide, day in and day out. To show their appreciation, Kensington residents crafted cute Owl treat bags, made with love and filled with love (well, candy, but just as good). Thank you!



Pumpking Carving / Decorating Contest

P ourteen Anna Maria employees participated in a pumpkin carving/ decorating contest. SO many awesome pumpkins! Stay tuned to next month's newsletter to find out which pumpkins placed 1st, 2nd, and 3rd. Which one is your favorite?



Anna Maria of Aurora Newsletter

Anna Maria / Kensington







A look at what is going on...

String Fever with Jim Kelley

utdoor entertainment continues on Friday afternoons and will do so as long as Mother Nature cooperates. Jim Kelley, a favorite of ours, recently entertained with his beautiful playing of the violin. Such talent. We look forward to seeing Jim again.



Betty K. and Carol M.



(l to r) Marie R., Regina G., Shirley K.



Even Bowie is enjoying the music with his favorite ladies



Looking good in those shades Virginia M.



Ernie M. - what a nice sweater



Entertainer Jim Kelley

The Pop Tarts

any thanks to the City of Aurora for sponsoring a wonderful concert by the Pot Tarts, a local Cleveland band (four groovy chicks) performing the most popular top hit favorites from the best of the 60's girl groups. Think the Supremes, The Ronettes, The Shirelles, The Blossoms). Dressed in matching 60's outfits, the Pop Tarts use the original artists' movements and sing to original sounding tracks using a sophisticated BOSE system. Pretty awesome concert. Thank you City of Aurora!



Activities Asst. Jazmin Williams (2nd from right, orange pants) tries "hips" at hula hooping (she did a great job)







We had a large group of residents enjoy this awesome concert

Tinkers Creek State Park

W ith the weather cooperating so nicely as of late, we decided to take advantage of these warm days with a trek to Tinkers Creek State Park in Streetsboro (off Aurora-Hudson Road). A spacious pavilion provided shade while we enjoyed pizza and the antics of therapy dog Bowie as he retrieved sticks from the pond. Paws got a bit muddy (well, a lot muddy) so Bowie needed a good wipe-down before heading back to Anna Maria.



Congratulations to Bowie!

ongratulations to our in-house therapy dog, Bowie (owner is Lisa McFarland, AL/IL Activities) on earning his Dock Master title from Dukes K-9 Dash 'n Splash dock diving facility in Mantua, with a jump of 20 feet, 3 inches. Wow, way to go Bowie! He truly is the all-around perfect dog!



Millie the Therapy Dog

sn't she the sweetest? We are happy that many of our "pre-Covid" entertainers, volunteers and such are able to return to our campus. Millie, an adorable cockapoo (mix of cocker spaniel and poodle) is back to provide love and lots of sweet kisses to our residents, which they cannot get enough of.



Feeding the Finches

Independent living residents Rich and Emily Durbin recently place a finch bird feeder outside their window, and what a welcome addition it has become. Plenty of feathery friends stop by throughout the day.



Always Smiling and Willing to Help

Just who is that behind the mask? It's Leonard Russell from our maintenance department. The friendliest, most helpful employee. Leonard was just recently promoted to Maintenance Supervisor. Please congratulate him on this well-deserved promotion!



October is

- The National Month of a number of health observances including Sudden Infant Death Syndrome (SIDS), Blindness, Spina Bifida, Breast Cancer, and Healthy Lungs.
- National Fire Prevention Week 2021 is observed October 3-9. This year's theme? Learn the Sounds of Fire Safety... Be sure to change the batteries in your smoke detectors (contact the local chapter of the Red Cross to obtain one free of charge), check the date of your fire extinguisher (lasts approximately 12 years), and review your fire escape plan. Did you know that October 9 is the commemoration of the 1871 Great Chicago Fire?
- Love pizza, popcorn, pork, sausage and apples? You're in luck! October is the National Month celebrating these beloved food items!

Calendar

October 1 - is World Smile Day! Smiling is the universal sign of happiness! Smiling helps you relax, boosts your immune system, and lowers blood pressure! Best of all? Smiles are CONTAGIOUS! Try it and see...

October 5 – MLB playoffs begin. Sadly, without our Indians. Next year? The Guardians...

October 10 – Annual Alzheimer's Association "Walk to Remember" walk at Infocision Stadium in Akron. Want to be part of Team Anna Maria? Please contact Lisa McFarland at lmcfarland@annamariaofaurora.com.

October 19 – Basketball! The 2021-22 NBA season begins. Let's go Cavs!

October 31 – Happy Halloween! Get your pumpkin carved and your costume ready! Did you know that kids favor Princess and Superhero costumes the most?

OUR OCTOBER BIRTHDAYS!						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Barbara Noltkamper	2
3	4	5 Nancy Dumont	6 Frances Harper	7 HAPPY 90th! Phyllis Lombardo Dale Watson	8 Michael Ahern	9 HAPPY 99th! Mary Nicholls
10	11	12	13 HAPPY 90th! Ann Wetzel	14	15	16
17	18 David Jackson	19	20	21	22	23
24	25 Lucille Stanley	26	27 Leroy Getz	28 Laverne Meehan	29	30
31						

On This Date...

Oct. 1, 1971

Walt Disney World, Orlando, opens its doors

Oct. 5, 1962

Beatles release 1st single, "Love Me Do"

Oct. 10, 1913

Panama Canal opens, joining the Atlantic and Pacific Oceans

Oct. 16, 1978

Pope John Paul II elected as Pope



Oct. 22, 1962 Cuban Missile Crisis







Oct. 27, 1904 New York Subway opens







Things That Go BUMP in the Night...

What images come to mind when you think of Halloween? Probably pumpkins, witches, ghosts, black cats, and—of course—bats! Bats are one of the spookiest and most enduring images of Halloween, but how did the image of this harmless and beneficial flier become a feared sign of darkness and evil? The black, winged shapes flying through the dusky night sky are eternally linked to Halloween. No need to fear the bat; here's why.... Over 300 species of fruit depend upon bats for pollination. Bats help spread seeds for nuts, figs, and cacao (the main ingredient in chocolate). Each night, bats can eat their body weight or more in insects numbering in the thousands. In fact, a single bat can consume more than 600 bugs in an hour. Favorite insect? The mosquito! Bats are true friends of the farmer! Of course, the vampire bat gets a bad rap, however, of the 1,100 species of bats, only three are vampire bats, residing in Central and South Americas. The state of Texas is home to the largest bat colony on the planet. Bracken Cave in San Antonio, TX, is home to approximately 20 million Mexican free-tailed bats. Quite a sight to see millions of bats emerging from the cave each evening – emergences can last more than three hours! Another bat colony resides in the crevices under the Congress Avenue Bridge in Austin, TX. This roost attracts hundreds of spectators nightly. Unfortunately, a fungal disease called white-nose syndrome has wiped out the majority of the bat colonies in the Northeast, including the popular Canoe Creek State Park in Pennsylvania.







Saturday	 9:30 Chronicles All 9:30 Bingo EW 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Afternoon Moves EW 3:15 Cranium Crunch NW 	 8 9:30 Chronicles All 9 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Afternoon Moves EW 3:15 Cranium Crunch NW 	 5 9:30 Chronicles All 16 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Afternoon Moves EW 3:15 Cranium Crunch NW 	 2 9:30 Chronicles All 23 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Afternoon Moves EW 3:15 Cranium Crunch NW 	 9:30 Chronicles All 30 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Afternoon Moves EW 3:15 Cranium Crunch NW 	
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Thursday		9:15 Chronicles All 7 10:30 Bingo EW 11:30 Shopping Cart all 12:45 Act Trivia SW 2:00 Porch sittin' NW 3:00 Rosary DR 3:45 Game time EW 4:30 Who knows? NW	9:15 Chronicles All 10:30 Bingo EW 11:30 Shopping Cart 12:45 Act Trivia SW 2:00 Porch Sittin' NW 3:00 Rosary DR 3:45 Game time SW 4:30 Who knows? NM	9:15 Chronicles All 10:30 Bingo EW 11:30 Shopping Cart 12:45 Act Trivia SW 2:00 Bop it NW 3:00 Rosary DR 3:45 Game time SW 4:30 Who knows? NV	9:15 Chronicles All 10:30 Bingo EW 11:30 Shopping Cart all 12:45 Act Trivia SW 1:30 haunted walk SW 3:00 Rosary DR 3:30 Haunted walk ew/m 4:30 Who knows? NW	EW-East/West NW-Northwest/Northeast SW-Southwest DR-Dining Room OOF-Out of Facility CY-Courtyard
Wednesday	021	9:15 Chronicles All 6 10:30 Creative Mind Sw 12:45 Act Trivia SW 1:30 1:1 visits 2:00 toss back NW 3:15 Crafty Creations EW 4:30 Think Tank NW	9:15 Chronicles All 13 10:30 Creative Mind Sw 11:00 DINE-IN DR/CY 1:30 1:1 visits 2:00 toss back NW 3:15 Crafty Creations EW 4:30 Think Tank NW	9:15 Chronicles All 20 10:30 Creative Mind Sw 12:45 Act Trivia SW 1:30 1:1 visits 2:30 food Comm. DR 3:15 Crafty Creations EW 4:30 Think Tank NW	9:15 Chronicles All 27 10:30 Creative Mind Sw 12:45 Act Trivia SW 1:30 1:1 visits 2:30 Res. Council DR 3:15 Crafty Creations EW 4:30 Think Tank NW	EW-Ea NW-Northwe SW-So DR-Dinii OOF-Out CY-Co
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