

THE FAMILY MATTERS NEWSLETTER

ISSUE # 27

MONTH	OUR EDITOR	CONTACT	FIND US ON FACEBOOK
03	Joann Poremba	Jporemba@annamariaofaurora.com	Anna Maria of Aurora

Happy 100th Birthday Gertrude Anderson!

Centenarian – n. One who is 100 years old or older. Cen'te-nar'i-an. Anna Maria of Aurora resident Gertrude Anderson turned 100 years young last month. How does one celebrate such a milestone, especially during a pandemic? With lots of support and birthday wishes from staff, delicious cupcakes, and many, many FaceTime and Skype calls with family and friends. We wish this lovely, spunky lady a wonderful year filled with much love and happiness and continued blessings for good health.



What gorgeous roses!



Gertrude can't wait to enjoy this delicious cupcake!

For each petal on the shamrock, this brings a wish your way – good health, good luck, and happiness, for today and every day! -Irish Blessing

See page 13 for a delicious Reuben Dip recipe! Not Irish? That's okay, for everyone is Irish on St. Patrick's Day. May the luck o' the Irish be with you!



Frankie and Eddie Peace



Still in love after all these years...



What a great-looking couple! Wedding day...

“Thank God for your family. Know that they are the most precious thing you have.”

We are fortunate to have several couples residing here at the Campus of Anna Maria, and one such couple is Frankie (Frances) and Eddie (Edward) Peace at Kensington. What a lovely love story, as this beautiful couple has been married 62 years. How did it all begin?

Edward Lamont Peace was born August 8, 1938, in Cleveland, Ohio, to John and Ruth Peace. Eddie and his brother Dave enjoyed growing up in the wonderful suburb of South Euclid. While attending high school at Brush (graduating in 1958), he worked as a “soda jerk” at the local drugstore. After graduation, Eddie attended night school, learning the trade of plumbing.

Frances Adkins was born on May 23, 1939, in Caryville, Tennessee. She was one of nine children (four boys, five girls) born to Charlie and Artie Adkins. She worked at the local Manners restaurant while in high school, and during one of her weekend shifts, the most handsome fella waltzed in with a few friends. The handsome fella, aka Eddie, struck up a conversation with this lovely waitress, and whoa, the “love bug” stung and

the rest, as they say, is history. Eddie and Frankie dated a few months before they married on August 9, 1958.

The happy couple settled in Tennessee (eventually moving back to Ohio) and raised two wonderful children, Eddie Jr. and Donna. Dogs were a big part of the family, as Frankie and Eddie were quite fond of their four-legged friends, with their favorites being Fattie and Petey. The Peace’s were lovers of the great outdoors, enjoying fishing, hunting, boating, and traveling. Best vacation? Grand Canyon and Las Vegas. Eddie was an avid gun collector and was quite proud of his Harley motorcycle. Did Frankie tag along for a ride or two? Absolutely, positively.

The couple moved to Kensington in 2018, and while life has quieted down a bit (no more motorcycles, guns, or traveling), this couple is still passionately in love and happy for the little things life now offers. We are thrilled they chose Kensington as their home. May God continue to bless Frankie and Eddie Peace.

March 2021

Employees of the Month

*Carey Norton,
Receptionist.*



Anna Maria

Carey has a kind word for all!

Congratulations to our Anna Maria of Aurora Employee of the Month, Carey Norton, Receptionist. Carey is the person behind the friendly and helpful voice you hear when calling Anna Maria. She'll go out of her way to help callers receive answers regarding their loved ones, especially during this difficult past year. A family member who nominated Carey states "...I always feel better after talking with Carey... she has become a friend...I know my mom is doing okay..." We are fortunate to have someone like Carey on our team. Congratulations and keep up the good work!

*Alexandre Dossantos,
STNA.*



Kensington

Alex is caring and attentive!

Congratulations to our Kensington at Anna Maria Employee of the Month, Alexandre Dossantos, STNA. Alex has been a great addition to the Kensington family, as he is caring, compassionate, and attentive. Completes tasks in a timely manner and adapts to changes without hesitation. Alex has a positive attitude and maintains professionalism at all times. His hard work does not go unnoticed! Congratulations and keep up the good work!



A look at what is going on...

Happy Birthday Scarlett!

Happy birthday to this lovely Anna Maria South resident, Scarlett, who turned 92 years young. She celebrated with a most beautiful and delicious cake from Casa Dolce Bakery in Mayfield Hts. We wish you many more happy years!



Tasted as good as it looks!



Scarlett with the South nursing crew

“God made rainy days so gardeners could get the housework done.”

— Unknown

The Hub area of Anna Maria is such an inviting area, so warm, welcoming and GREEN. Why so green? We can thank Colleen Storme, receptionist, for all of the beautiful greenery in the Hub area. Colleen has a green thumb and is the main caretaker of these lovely plants, which greatly enhance the peacefulness of the Hub. Thank you Colleen! We appreciate your green thumb.



Colleen knows a lot about plants



What kind of plant is this?



Time for a little water and TLC

How Do I Love Thee? Let Me Count the Ways...

So many different ways to show and share the love! And the best day of all to share the love? Valentine's Day, though our residents are surrounded by love each and every day! The residents at Anna Maria and Kensington enjoyed many fun activities (crafts, music, flowers) to celebrate this day of love.



Grace W.



Social Worker Susan Farmer (right) with Etelka A.



Tasted as good as it looks!



Louise J. and Dora Mc. enjoy their Valentine craft



Aww, Lucille S. receives a Valentine!



Each resident received a Valentine cookie

How Do I Love Thee? Let Me Count the Ways...



Frances H., will you be my Valentine?



Josephine G. is all smiles behind that mask



Kensington residents each received a lovely red carnation from staff



Bryna S. claps along to the music



Valentine's Day entertainment



The Kensington gang



What a wonderful spread!



Mary F. enjoys the music



Josephine G. (left) with activities asst. Kathy M.

Mardi Gras Fun!

Did you know that Mardi Gras is French for Fat Tuesday, reflecting the practice of the last day of eating rich, fatty foods before the ritual 40 days of fasting during the Lenten season? This day is also known as Shrove Tuesday, or here in Cleveland, it's commonly known as Paczki Day! A paczki is a most delicious, deep-fried donut filled with jelly or cream. Popular Mardi Gras practices include masks, costumes, the ever-popular beads, and of course lots of sweets! Though our celebrations this year were slightly different due to Covid, residents still enjoyed a safe, fun-filled afternoon.



Anna Maria activities staff ready to pass out beads!



Kensington activities asst. Lauren S. gets ready to pass



Can you guess the resident behind each mask?



King cake – so delicious



Arborview staff members Kathy and Antwanette

Congratulations Audrey, Anna, Juliet and Vickie!



Family Tree Director Jo Perko hands Anna Dezso her 10 year gift



Vickie Jackson

Several of our employees reached “milestone” anniversaries last month, and we congratulate them on this awesome accomplishment. Audrey Sawastuk, STNA, 15 years; Juliet Mbugua, STNA, 5 years, and Family Tree Home Care Caregivers Anna Dezso and Vickie Jackson, 10 years. We appreciate their hard work and dedication.



What a lovely cake!



Audrey (right) with her fellow co-workers



What an appropriate cake for Juliet



Juliet (right) with nurse manager Chris Kruger

Assisted / Independent Living



A look at what is going on...

Happy 90th Birthday Joanne and Tom!

Two of our assisted/independent living residents turned 90 years young last month! We wish Joanne B. and Tom P. continued good health and happiness!



Joanne with her two sons



No way Tom is 90! He looks GREAT

Scenic Bus Ride

Though the scenery isn't all that great this time of year (snow and grayskies), residents masked up and socially-distanced in the Anna Maria bus for a ride around town. Nice to get outside for a bit.



Virtual Chair Dancing

So what is virtual chair dancing? Well, watching a virtual presentation on how to dance while sitting in a chair. Sounds pretty exciting. Actually, our assisted living residents did enjoy it! Any type of physical activity is a plus. We are looking forward to the next presentation. Watch out Dancing with the Stars!



Valentine's Day Wreaths



Marlys B.



Helen C.



Pat A.

Many thanks to the good people at Lord of Life Lutheran Church in Bainbridge for the generous donation of these lovely handmade Valentine wreaths. Such a warm welcoming addition to each apartment door!



Millie C.



Lynn F.



Mary Lee H.



Roy G.



Laura L.



Marian S.

Beads and Bling... It's a Mardi Gras Thing...

Beads, masks, and king cake! Though it wasn't filled with all the glamour and glitz of previous years, residents enjoyed a safe Mardi Gras celebration, Covid-style. Thank you Lisa and Jazmin for a fun-filled afternoon (King Cakes came from Raised and Glazed Donuts in Bainbridge – so delicious).



Beads and bling are ready!



Activities director Lisa McFarland photobombs picture with Joe and Marge



Mary F. receives a slice of king cake from Lisa



What? For me? Asks Ginny R.

Indoor Visitation

Last month, after a three-month hiatus, indoor visitation resumed for our assisted and independent living residents. So happy to once again see family members. As long as positive-case percentages stay low and within State of Ohio guidelines, these visits will continue. All visits are registered through Sign-Up Genius (link on our website, annamariaofaurora.com). Please contact Lisa McFarland at 330 562-6171 x234 for more information.



Enjoying that Meal?

Chef Rocco takes pride in the meals he prepares, and takes the time throughout the week to gather input from our residents on their likes and dislikes. Their feedback is important and is taken into consideration when planning future menus. Thank you Chef Rocco for your personal attention to detail. It's appreciated.



Rocco talks with Angie T. about her lunch

Yoga!

Residents continue to improve their yoga moves during weekly yoga class. Improved flexibility is quite evident. Yoga is the fountain of youth. You're only as young as your spine is flexible. – Bob Harper. Namaste!



Headbandz – What a Fun Game!

The ultimate party game. Hedbandz combines fashionable headwear and critical thinking skills. This is a favorite amongst our assisted living residents. Similar to Charades, but a lot more fun.



Ginny R.



Mary F.



Laura L.

Root Beer Floats

“Okay, he either said ‘move to the back of the throat’ or ‘I want a root beer float’” Dory from Finding Nemo. Residents enjoyed a most delicious and refreshing root beer float with A & W root beer (the BEST for floats). What special treat.



Joe and Marge can't wait to enjoy their floats



Lorraine T. carefully watches the root beer float cart

Recipe



The sandwich was invented by William Hamerly, a New York accountant and bachelor cook. He named it for Arnold Reuben, founder of Reuben's New York Restaurant.



Reuben Dip

: a grilled sandwich consisting of corned beef, Swiss cheese, and sauerkraut usually on rye bread.

- Ingredients:**
- 2 ½ cups cream cheese
 - 1 ½ cups 1000 island dressing
 - ½ cup oatmeal stout beer
 - 1 lb corned beef, finely chopped
 - 1 cup shredded sauerkraut
 - 1 cup shredded Swiss cheese
 - Handful of fresh parsley or chives

- Directions:**
- 1). Soften cream cheese in pan over medium low heat
 - 2). Whisk in dressing and stout
 - 3). Add corned beef, sauerkraut and cheese. Cook until heated through
 - 4). Serve immediately with your favorite crackers or bread

March is...

Women's History Month - During the month of March, we give a little extra attention to all of the amazing accomplishments of strong, determined women like Sally Ride, the first woman in space, and Sandra Day O'Connor, the first woman appointed to the U.S. Supreme Court.

National Nutrition and Fitness Month - Snack well, get 8 hours of sleep, and track your steps! **Our staff dietitians, Sue Kocin (Anna Maria) and Sharon Baker (Kensington), share some awesome helpful hints and tips on healthy eating and snacking and getting motivated to exercise! See next page!

March 2 – Dr. Seuss' Birthday! Each year, National Read Across America Day is celebrated on March 2nd, the birthday of Dr. Seuss. The annual event is part of Read Across America, an initiative on reading creative by the National Education Association.

March 14 – “Spring Forward” one hour as Daylight Savings Time begins. It is used to save energy and make better use of daylight.

March 14 – Pi Day! This is an annual celebration of the mathematical constant π . Pi Day is observed on 3/14 since 3, 1, and 4 are the first three significant digits of π . So what does one do on Pi Day? Eat pie of course. How about a slice of banana cream pie as March 2 is National Banana Cream Pie Day?

March 17 – St. Patrick's Day! Wear green and enjoy a delicious corned beef sandwich along with a green beer. Did you know that Slyman's Deli on St. Clair Avenue in Cleveland will serve more than one TON (2,000) pounds of corned beef? WOW, that's a lot of beef... Unfortunately, many St. Patrick's Day parades, including Cleveland's, are cancelled again due to the pandemic.

March 18 – Let the madness begin! The NCAA D1 men's basketball tournament will be played entirely in the state of Indiana, with the majority of games being played in Indianapolis. Final Four game on Saturday, April 3, with championship game on Monday, April 5. Get your brackets ready!

March 20 – Yep, the first official day of spring! Shake off the cold and get ready for daffodils, robins, mud, and fresh air!

March 27 – Join millions of people across the world in spreading conversation awareness during Earth Hour. Switch off all your lights for one hour at 8:30pm EST. Use the hour of darkness to meditate, reflect, think, and clear your head. Or maybe star gaze?

Birthdays!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Albert Pack	2 HAPPY 90th! Joanne Branks	3 Scarlett Arth	4	5	6
7 Peggy Narducci	8 Betty Christopher	9 Carol Young	10	11 Grace Kobyleski	12 Nancy Ewing	13
14	15	16	17	18	19	20
21 Marilyn Turner	22 Peggy Strohmerger	23 Julie Langos	24	25 Richard Durbin	26	27
28	29	30	31			

Q + A *March is National Nutrition Month! Anna Maria spent some time with staff dietitians Sue Kocin and Sharon Baker for a Q and A on healthy eating*



Sue Kocin, RD, LD – Anna Maria



Sharon Baker, RD, LD – Kensington at Anna Maria

Anna Maria: Thank you for your time today! So why do you think Americans have such a hard time eating healthy?

Sue K.: It takes time and planning to eat healthy. It's easier to drive through McDonald's than plan a healthy menu and shop for ingredients. Invest in an air fryer.

Sharon B.: Eating healthy needs to be a lifestyle change, and that's difficult to do. It starts with small changes. For example if you like Coke, drink one less per day and exchange for water.

Sue K.: If you don't care for plain water, drink a sparkling water like La Croix. The Aldi's brand is very good as well.

Anna Maria: Can you recommend any health snacks that actually taste good?

Sue K.: Air-popped popcorn and Chobani less sugar yogurt. Hummus and vegetables are very tasty and satisfying. A cheese stick will provide much-needed calcium.

Sharon B.: Nothing better than fresh edamame with a little salt! A handful of nuts (almonds or walnuts) is a good choice as well.

Anna Maria: It's mid-afternoon and a chocolate craving come on. How can that be satisfied?

Sue K.: Dark chocolate is best. Enjoy a few dark Dove chocolates (not the entire bag, just a few!).

Sharon B.: a spoonful of peanut butter topped with mini chocolate chip morsels will satisfy all the time!

Anna Maria: So I have a donut and an apple in front of me. How can I choose the apple?

Sue K.: Well, this is tough. Think about the sweetness of apple and how delicious it will taste. Can top with a little peanut butter and a few chocolate chips.

Sharon B.: (laughs) I think about how that donut will go straight to my hips. Willpower is what it takes to say no to that donut. Easier said than done...

Anna Maria: Why do you think most diets do not work?

Sue K.: Most diets are not realistic and leave us hungry and frustrated. Too many limitations. Think about portion control and that donut versus apple. Like Sharon mentioned, if you like pop, slowly cut back. Small changes equal big results.

Sharon B.: Don't feel guilty if you experience a "bad" day of eating. Just tell yourself that tomorrow is another day and start over again.

Anna Maria: What about exercise?

Sue K.: While exercise is certainly important for cardio-health, weight loss is more about what you eat. To lose one pound a week, you need to subtract 3,500 calories weekly. Easier if you keep a food journal.

Sharon B.: A walk around the block or some quick yoga stretches will do wonders for you. Sleep is very important as well! Get your 8 hours! There are a lot of great free apps available to help with meditation and sleep, like Insight Timer. Try it!

Anna Maria: Thank you! For more information, check out www.eatright.org. Our dietitians Sue Kocin and Sharon Baker can be reached at skocin@annamariaofaurora.com and sbaker@annamariaofaurora.com.

On This Date...

March 1, 1872

Yellowstone becomes the world's first national park. Early in 1872, Congress moved to set aside some 2 million acres of public land straddling the future states of Wyoming, Montana and Idaho as America's first national park. President Grant signed the bill into law. The Yellowstone Act of 1872 set a precedent and popularized the idea of preserving sections of the public domain for use as public parks. Congress went on to designate dozens of other national parks, and the idea spread to other nations around the world.



March 3, 1931

The Star-Spangled Banner becomes the U.S. National Anthem.

March 21, 2006

The first "tweet" is sent on Twitter.

March 26, 1840

The first picture of the moon is taken by John W. Draper, an American scientist.

O say, can you see by the dawn's ear-ly light what so proud - ly we
 hailed at the twi-light's last gleam - ing? Whose broad stripes and bright stars thro' the
 per - il - ous fight o'er the ram - parts we watch'd were so gal - lant - ly
 stream-ing? And the rock - ets' red glare, the bombs burst-ing in air, gave



Jack
@jack



just setting up my twttr

4:50 PM - 21 Mar 2006

81,322 59,850



Let Family Tree Home Care Support You & Your Family

Does your Loved one need Extra assistance, errands, groceries or a friendly visitor? We have a terrific care team!
Offering flexible hours and days to meet your needs!

Some of the caregiver duties include:

- Activities, social companionship, wellness educational activities & exercise !
- Classes with the client: art, music
- Personal Care
- Light housekeeping
- Errands and Grocery shopping

Physical Therapy Services are also available at an Hourly Rate:

- Improve mobility and overall Health!
- A therapist will work with you or your loved one to develop an Active exercise program.

Family Tree Home Care Staff will be dedicated entirely to Anna Maria Assisted Living campus. Our caregivers are trained on Infection Control /Covid policy and are screened prior to entry to the client's home or facility. A home care Manager is available to the employees and our clients 7 days a week, 24 hours / day.

Family Tree Home Care specializes in tailoring service programs that best fit your needs, Give us a call ~ available 7 days a week!

440. 519. 0001



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>10am-11:30 virtual visit 10:30am Bingo SP 11:30am Shop Cart SP 1pm Chronicles NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits</p>	<p>10am-11:30 virtual visit 10am AV Crafts 10:30am Bingo NP/AV 11:30 shop cart NP 2pm SP Crafts 3pm NP Crafts 4:30 AV Sensory fun</p>	<p>10:30am Bingo SP 11:30am Shop cart SP 1pm Chronicles NP 1:45PM-7:55PM VITURAL VISITATION 4:45 Chit Chat AV</p>	<p>10:00am Bop It SP 10:30am Bop It AV 11:30am Rosary MLR 1:30pm chronicles SP 1:45pm- 7:55pm Virtual visitation 4:30pm Sensory fun AV</p>	<p>10am-11:30 virtual visit 10:30am Bingo NP/AV 11:30am Shop Cart NP 1pm Chronicles SP 2pm AV Manicures 2:30 NP Visits 4:30 AV fun</p>	<p>9:45am-4:25pm Virtual family visitation</p>
<p>10AM-11:30AM SKYPE/FACETIME</p> <p>1:45PM-4:25pm Virtual family visitation</p> <p>Daylight Saving Time Begins</p>	<p>10am-11:30 virtual visit 10:30am Bingo SP 11:30am Shop Cart SP 1pm Chronicles SP 2pm NP Manicures 3:30 Visits NP 4:30 AV visits</p>	<p>10:30am Bingo SP 11:30am Shop cart SP 1pm Chronicles NP 1:45PM-7:55PM VITURAL VISITATION 4:45 Chit Chat AV</p>	<p>10:00am Bop It SP 10:30am Bop It AV 11:30am Rosary MLR 1:30pm chronicles SP 1:45pm- 7:55pm Virtual visitation 4:30pm Sensory fun AV</p>	<p>10am-11:30 virtual visit 10:30am Bingo NP/AV 11:30am Shop Cart NP 1pm Chronicles NP 2pm SP Manicures 2PM AV Visits 3:30 SP Visits 4:30 AV fun</p>	<p>9:45am-4:25pm Virtual family visitation</p>
<p>10AM-11:30AM SKYPE/FACETIME</p> <p>1:45PM-4:25pm Virtual family visitation</p> <p>Daylight Saving Time Begins</p>	<p>10am-11:30 virtual visit 10am AV Crafts 10:30am Bingo NP/AV 11:30 shop cart NP 2pm SP Crafts 3pm NP Crafts 4:30 AV Sensory fun</p>	<p>10:30am Bingo SP 11:30am Shop cart SP 1pm Chronicles NP 1:45PM-7:55PM VITURAL VISITATION 4:45 Chit Chat AV</p> <p>St. Patrick's Day</p>	<p>10:00am Bop It SP 10:30am Bop It AV 11:30am Rosary MLR 1:30pm chronicles SP 1:45pm- 7:55pm Virtual visitation 4:30pm Sensory fun AV</p>	<p>10am-11:30 virtual visit 10:30am Bingo NP/AV 11:30am Shop Cart NP 1pm Chronicles SP 2pm AV Manicures 2:30 NP Visits 4:30 AV fun</p>	<p>9:45am-4:25pm Virtual family visitation</p> <p>Spring Begins</p>
<p>10AM-11:30AM SKYPE/FACETIME</p> <p>1:45PM-4:25pm Virtual family visitation</p> <p>Palm Sunday</p>	<p>10am-11:30 virtual visit 10am AV Crafts 10:30am Bingo NP/AV 11:30 shop cart NP 2pm SP Crafts 3pm NP Crafts 4:30 AV Sensory fun</p>	<p>10:30am Bingo SP 11:30am Shop cart SP 1pm Chronicles NP 1:45PM-7:55PM VITURAL VISITATION 4:45 Chit Chat AV</p>	<p>10:00am Bop It SP 10:30am Bop It AV 11:30am Rosary MLR 1:30pm chronicles SP 1:45pm- 7:55pm Virtual visitation 4:30pm Sensory fun AV</p>	<p>10am-11:30 virtual visit 10:30am Bingo NP/AV 11:30am Shop Cart NP 1pm Chronicles NP 2pm SP Manicures 2PM AV Visits 3:30 SP Visits 4:30 AV fun</p>	<p>9:45am-4:25pm Virtual family visitation</p> <p>Passover Begins</p>

March 2021

SP: SOUTH PARK, NP: NORTH PARK
AV: ARBORVIEW, MDR: MAIN DINNING ROOM
ALL ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 EW-East/West SW-Southwest NW-Northwest DR- Dining room	1 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:15 Ladies Circle NW 3:30 Chair Moves EW 4:30 Dinner Trivia NW	2 9:30 Chronicles ALL 10:30 Craft easy SW 12:45 Act Trivia SW 1:30 room visits 2:15 Music Memory SW 3:15 Craft Corner EW 4:30 Dinner Moves NW Skypes/facetime all day	3 9:30 Chronicles ALL 10:30 Cooking Class SW 12:45 Act Trivia SW 1:30 charades NW 2:15 color bingo SW 3:30 What's Cooking EW 4:30 chit chat NW Skypes/facetime all day	4 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Word Games EW 3:00 Rosary DR 3:15 Dance Moves SW 4:30 dinner stretches EW Skypes/facetime all day	5 9:30 Chronicles ALL 9:45 nail art NW 10:30 Pretty Polish SW 12:45 Act Trivia SW 2:30 Ent w/ Piscura DR 3:45 Fancy fingers EW 4:30 think tank NW	6 9:30 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing EW 12:45 Act Trivia SW 2:15 Saturday Snack ALL 3:15 1:1 Visits	
7 9:30 Chronicles ALL 12:45 Act Trivia SW Skypes/facetime All day	8 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 word scramble NW 2:30 reading Corner SW 3:30 bowling EW 4:30 Dinner Trivia NW Skypes/facetime all day	9 9:30 Chronicles ALL 10:30 Craft easy SW 12:45 Act Trivia SW 1:30 room visits 2:15 Music Memory SW 3:15 Craft Corner EW 4:30 Dinner Moves NW Skypes/facetime all day	10 9:30 Chronicles ALL 10:30 Cooking Class SW 12:45 Act Trivia SW 1:30 toss back NW 2:15 color bingo SW 3:30 What's Cooking EW 4:30 chit chat NW Skypes/facetime all day	11 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Word Games EW 3:00 Rosary DR 3:15 Dance Moves SW 4:30 dinner stretches EW Skypes/facetime all day	12 9:30 Chronicles ALL 9:45 Nail art NW 10:30 Pretty polish SW 12:45 Act Trivia SW 1:45 Fancy fingers EW 3:00pm Ent. w/ Papaleo 4:30 think tank NW	13 9:30 Chronicle ALL 10:00 Hymn Sing SW 11:00 Hymn Sing EW 12:45 Act Trivia SW 2:15 Saturday Snack ALL 3:15 1:1 visits	
14 9:30 Chronicles ALL 12:45 Act Trivia SW Skypes/facetime All day Daylight Saving Time Begins	15 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 word scramble NW 3:00pm Ent. w/Keys SW 3:30 Chair Moves EW 4:30 Dinner Trivia NW Skypes/facetime all day	16 9:30 Chronicles ALL 10:30 Craft easy SW 12:45 Act Trivia SW 1:30 room visits 2:15 Music Memory SW 3:15 Craft Corner EW 4:30 Dinner Moves NW Skypes/facetime all day	17 9:30 Chronicles ALL 10:30 Cooking Class SW 12:45 Act Trivia SW 1:30 charades NW 2:00 Food Committee DR 2:15 color bingo SW 3:30 What's Cooking EW 4:30 chit chat NW Skypes/facetime all day St. Patrick's Day	18 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Word Games EW 3:00 Rosary DR 3:15 Dance Moves SW 4:30 dinner stretches EW Skypes/facetime all day	19 9:30 Chronicles ALL 9:45 Nail art NW 10:30 Pretty polish SW 12:45 Act Trivia SW 1:45 Fancy fingers EW 3:00pm St. Patty's Party 4:30 think tank NW	20 9:30 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing EW 12:45 Act Trivia SW 2:15 Saturday Snack ALL 3:15 1:1 Visits	
21 9:30 Chronicles ALL 12:45 Act Trivia SW Skypes/facetime All day	22 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 word scramble NW 2:30 reading Corner SW 3:30 bowling EW 4:30 Dinner Trivia NW	23 9:30 Chronicles ALL 10:30 Craft easy SW 12:45 Act Trivia SW 1:30 room visits 2:15 Music Memory SW 3:00 Craft Corner EW 4:30 Dinner Moves NW Skypes/facetime all day	24 9:30 Chronicles ALL 10:30 Cooking Class SW 12:45 Act Trivia SW 1:30 toss back NW 2:00 Res. Council DR 2:15 color bingo SW 3:30 What's Cooking EW 4:30 chit chat NW Skypes/facetime all day	25 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 Word Games EW 3:00 Rosary DR 3:15 Dance Moves SW 4:30 dinner stretches EW Skypes/facetime all day	26 9:30 Chronicles ALL 9:45 Nail Art NW 10:30 Pretty Polish SW 12:45 Act Trivia SW 1:45 Fancy Finger EW 3:00pm Ent. w/ Annette 4:30 think tank NW	27 9:30 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing EW 12:45 Act Trivia SW 2:15 Saturday Snack ALL 3:15 1:1 visits Spring Begins	
28 9:30 Chronicles ALL 12:45 Act Trivia SW Skypes/facetime All day Palm Sunday	29 9:30 Chronicles ALL 10:30 Bingo EW 12:45 Act Trivia SW 2:00 word scramble NW 2:30 reading Corner SW 3:30 Chair Moves EW 4:30 Dinner Trivia NW	30 9:30 Chronicles ALL 10:30 Craft easy SW 12:45 Act Trivia SW 1:30 room visits 2:15 Music Memory SW 3:15 Craft Corner EW 4:30 Dinner Moves NW Skypes/facetime all day	31 9:30 Chronicles ALL 10:30 Cooking Class SW 12:45 Act Trivia SW 1:30 charades NW 2:15 color bingo SW 3:30 What's Cooking EW 4:30 chit chat NW Skypes/facetime all day	<div style="text-align: center;">  <h1>March 2021</h1>  <h2>Kensington</h2> </div>			Passover Begins

ALL ACTIVITIES ARE SUBJECT TO CHANGE