

## THE FAMILY MATTERS JUNE NEWSLETTER

Our Editor: Joann Poremba

Contact: Jporemba@annamariaofaurora.com

Find us on Facebook: Anna Maria of Aurora

#### Happy 102nd Birthday!

# **Bob Paulus**

Happy 102nd Birthday Bob Paulus! Bob and his lovely wife, Julie reside in an independent apartment at Anna Maria, and have been married for over 70 years. Bob's family surprised him with a display of 102 American flags placed outside his apartment window, as well as a birthday parade of cars — each car decorated and saluting the birthday boy as it drove past. What a wonderful way to celebrate such a special birthday! May God continue to bless Bob and Julie with continued good health, love, and happiness! 5-18-1918.





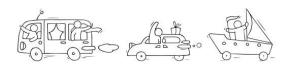


## MARK YOUR CALENDAR!

#### PARADE OF CARS TUESDAY, JUNE 16TH @ 2PM NURSING HOME RESIDENTS

We are so excited! We are planning a parade of cars (families driving by slowly in their cars) through the Campus parking lot. We will have as many nursing home residents out as possible (masked and socially distanced) along the route. More specific details to come, but please save the date! Watch our Facebook page and website for the specifics.

Please see Page 2 for information on Outdoor Visitation For Assisted and Independent Living Residents!



## **GOOD NEWS!**

#### OUTDOOR VISITATION

#### FOR ASSISTED AND INDEPENDENT LIVING RESIDENTS

On Monday, June 8, in accordance with Ohio Dept. of Health rules, we will begin visitation—outdoors only—for Assisted Living and Independent Living. Visitation is still restricted in Ohio nursing homes until further notice. Note that this is our initial plan, and things will likely change as we understand the volume, convenience of appointment days/times and location issues around the visits:

#### LOCATION

The visitation location is the newly installed patio at the back assisted living entrance (cul de sac).
There is a large umbrella to provide shade and cover in inclement weather.

#### MASKS

Both residents and visitors will have to wear masks, and remain 6 feet apart—of course, no physical contact is allowed. We ask that visitors bring their own face masks, although we will have masks available if you do not have one. A facility staff member will monitor the visit in terms of screening visitors (taking temperature & asking a few questions regarding signs & symptoms, maintaining a visitor log) as well sanitizing of furniture after the visit. Hand sanitizer will be there as well for use before and after the visit.

#### APPOINTMENT ONLY

Visitation will be by appointment only. The facility has established an account on SignUpGenius to provide a convenient mechanism to set up your visitation appointment. To Set your appointment, go to <a href="https://www.signupgenius.com/findasignup">https://www.signupgenius.com/findasignup</a> and enter into the search box: <a href="mailto:lmcfarland@">lmcfarland@</a> annamariaofaurora.com. Be aware that this web site contains many add that attempt to get you to click on them. You can then get started setting visitation appointments. To allow as many families as possible the opportunity for visitation, we are limiting appointments to 2 per week. Note that we have created a schedule for the entire month of June, so you will have to scroll down to see the entire month's appointments. Lisa McFarland, Assisted Living Activities Coordinator, will be managing the appointment schedule. <a href="https://www.signupgenius.com/findasignup">If you need help, you can call Lisa at (330) 562-6171.</a>

#### ADDITIONALLY

Current days and times: Mondays, 9am to noon; Wednesdays, 3pm to 7pm; Saturdays, 10am to 1pm.

Visits will be for a maximum of 25 minutes, allowing the staff member a few minutes to sanitize before the next visit.

Visitations will be limited to 3 visitors per visit. No pets are allowed, due to the temptation of breaking the 6 feet rule.

No food or beverages shall be permitted during the visitation. All items brought from home for a resident must follow our drop off policy (main entrance). Since we are a no-smoking campus, smoking is also not allowed.

AGAIN, WE WILL ADJUST THE VISITATION PROGRAM ALONG THE WAY TO THE NEEDS OF YOU AND YOUR LOVED ONE.

## RESIDENT PROFILE

#### ERNEST "ERNIE" SAROSI

Ernie moved to Anna Maria in 2018. He has made many friends, and enjoys the fun activities, especially Bingo!



Ernie was born on January 18, 1924, a cold winter's day in Cleveland, Ohio. He was the second child born to John and Julia Sarosi. Sadly, his older brother died at a very young age. Ernie attended Mt. Auburn elementary and junior high before moving on to high school at East Technical. Several months before graduation, Ernie was drafted into the US Army, where he served in the medical corps. Ernie received a Purple Heart Award for an injury he received during duty. He did officially graduate from high school in 2002, when a new law was enacted enabling veterans who served during the war to receive their high school diploma.

Ernie met his future wife, Violet Hartman, while in junior high. Violet was a bit shy (at that time), and every time she saw Ernie (her secret crush) in the hallway, she would hide in the bathroom until he passed. She would then come "out of hiding" and look for him, and that she did, for the two were married on June 14, 1947 (will celebrate 73 years in 2020). The happy couple was blessed with three children: Caroline, Kathleen, and Richard. Sadly, Kathleen passed away at a young age due to complications from hydrocephalus. Ernie worked for a period of time at the Hartman & Co. Funeral Home on Buckeye Road,

where he was a partner. The family lived in a duplex above the home before moving to Solon. Violet enjoyed her time at home raising the children, however, once grown, she entered the work force working as a secretary in the oncology department at St. Luke's Hospital. After 25 years, the partnership with funeral home ended, and Ernie found employment at the Cuyahoga County Recorder's Office, where he retired in 1995.

The family loved to travel, enjoying yearly trips to Cedar Point and Niagara Falls. Other memorable tips included Toronto, Las Vegas, Iceland, Caribbean cruises, and New Orleans. Fun, frequent day trips to Cincinnati and St. Louis were in order while Richard was attending college. Ernie moved to Anna Maria in 2018. He has made many friends, and enjoys the fun activities, especially Bingo.







# JUNE EMPLOYEES OF THE MONTH

#### KENSINGTON AT ANNA MARIA



#### ASHLEY GAMBRELL, STNA.

Though it's hidden beneath the mask, Ashley has a smile on her face, and a kind word for all.

Congratulations to our Kensington at Anna Maria Employee of the Month, Ashley Gambrell, STNA. Ashely is dependable, kind and compassionate, positive, knowledgeable, and just an overall great person and worker. She goes above and beyond every time she works, and provides top-notch care to her residents. Though it's hidden beneath the mask, Ashley has a smile on her face, and a kind word for all. We are so fortunate to have someone like Ashley on our team. Congratulations Ashley!

#### ANNA MARIA



#### ALL EMPLOYEES!

Congratulations to our Anna Maria Employee of the Month – ALL Employees! Yes, this is a first. These past few months our employees stepped up to the plate, rolled up their sleeves, and went above and beyond in providing the best of care for our residents during this coronavirus pandemic. Teamwork was at an all-time high. All are so deserving of this nomination. Congratulations, and keep up the good work!

## **HAPPY MOTHER'S DAY**

#### WE LOVE YOU MOM!







What a lovely smile, Marge R.







Ginny R. is so excited to receive her goodie bag

Joanne B. (center) offers assistance to Lisa and Jazmin

Emerence K. is thankful for her gift

Though families were unable to celebrate Mother's Day 2020 up close and personal with their mom, the Campus of Anna Maria made certain all moms were treated to a very special day, full of love, laughter, and fun. Moms received a delicious homemade cookie and the cutest succulent plant. Many thanks to our awesome activities department for assisting so pleasantly with all the extra Skype, FaceTime calls, and window visits; it sure made a good day even better.







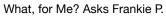
Mary V. Shirley K. Dorothy H. is so happy







Lovely smile! Marjorie O.



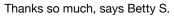


Mary Lou T. (center) has first pick of the cookies



Grace W. doesn't know what she likes better – cookie or succulent?







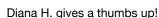
For Me? Asks Marie R.

# Assisted / Independent Living

#### A LOOK AT WHAT'S BEEN GOING ON!

#### THE GIRL BEHIND THE MASK







Ginger O's mask matches her shirt! So fashionable!

#### SEND PICTURES OF YOURSELF WEARING ONE!

Ginger and Diana are looking quite fashionable in their new masks. Very pretty! Masks are now a common accessory, and most probably will be for a while. \*\*\* Send pictures of yourself wearing one of your fashionable masks to editor Joann at jporemba@annamariaofaurora.com — we'll feature this "fashion show" in the July issue. "Behind every mask there is a face, and behind that a story" — Marty Rubin -

#### **GRILLING BURGERS...**



Our residents are thrilled when burgers appear on the lunch or dinner menu, however, the excitement rises when the burger is grilled on the outside grill by none other than Norwood chef, Julie Krozser. Nothing like a freshly-grilled burger. Thank you, Julie, for taking the time to go "above and beyond" for our residents.

#### GOODBYE AND GOD BLESS... YOU WILL BE MISSED...



Last week, we said goodbye to Norwood chef Brando Stevenson, who is leaving the Campus of Anna Maria after eight years of service. Brando was a key figure in our assisted / independent living kitchen, and he truly touched many lives, from the residents to fellow co-workers. He had a passion for food, cooking, and making people laugh and be happy. "I didn't realize how much I'm really loved, or how much I will be missed by the people I've interacted with everyday...I can't believe I've impacted this many lives..." Yes, you have Brando. We wish you nothing but the best of luck with this next chapter in your book of life. \*\* In addition to his passion for food, Brando is a proud author of two cookbooks. Below is a refreshing drink recipe from his first cookbook, Salsa Jams (available on Amazon). Enjoy!



#### Pineapple Salsa Smoothie

1 cup pineapple chunks

3/4 cup plain Greek yogurt

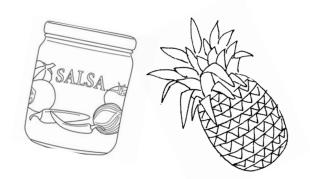
1/2 cup pineapple juice

1/2 cup traditional mild salsa

1 T. lemon juice

1 lemon slice

Fresh mint (optional)



\*\* Combine the first five ingredients in a blender, and blend until smooth. Pour into a tall glass, and garnish with lemon slice and mint. Enjoy!

#### BABY STEPS...





We are cautiously allowing residents to partake in a few socially-distancing activities, and though we are certainly taking baby steps, it's good to be back. From a stroll in the Grande Courtyard to Chair Yoga, residents are thrilled to be cautiously "out and about" again. Office manager Joann Poremba prayed the rosary with the Catholic residents for the first time in two months. Alleluia. We will ever so slowly add additional activities as allowed.



## **CONGRATULATIONS AND GOOD LUCK!**

#### TO OUR GRADUATING HIGH SCHOOL SENIORS!

The class of 2020 is one tough class, shown to be resilient and determined against all odds. We are proud to honor four of our employees who recently graduated from high school. We wish these fine young men and women the best of luck in the future, and thank them for their service to the residents at the Campus of Anna Maria.



#### MADISON CLARK, STNA

She will be attending Notre Dame College in Cleveland, majoring in physical therapy!

Madison attended James A. Garfield High School in Garretts-ville. She was a varsity volleyball player, and enjoyed her math and science classes. She will be attending Notre Dame College in Cleveland, majoring in physical therapy. She has an interest in becoming a nurse practitioner as well, so she'll see what direction life takes her. Madison has worked as an STNA since age 16, and enjoys her job at Kensington.



#### MALCOLM BRYANT, DIETARY AIDE

Malcolm will begin a 1-year carpentry apprentice program in the fall!

Malcolm attended Maple Hts. High School, where he excelled at baseball (outfield and 3rd base). Though he thought virtual graduation was a bit "strange," he is excited to be a graduate and pursue "bigger and better things." Malcolm will begin a 1-year carpentry apprentice program in the fall. Upon completion, he will attend Tri-C with the goal of obtaining a business degree. He enjoys working out and playing video games (Call of Duty being his favorite).

## THANK YOU FOR YOUR SERVICE!

#### AT THE CAMPUS OF ANNA MARIA



#### SHANIAH JACKSON, STNA

She will be attending Tri-C in the fall!

Shaniah attended Bedford High School, where she was enrolled in the associate nursing program which helped her earn her STNA certificate. She played softball and excelled in math. She will be attending Tri-C in the fall, studying to be an ultrasound technologist. Shaniah will continue working as an STNA at Kensington (which she absolutely loves) while in school.



#### CARMELLA STOYLE, DIETARY AIDE

Bella has quite the artistic ability, and will be attending the Cleveland Institute of Art in the fall!

Carmella (Bella) attended Aurora High School where she was a member of the cross country and diving teams. She played the clarinet in band all four years, and "waved the flag" in Flag Line. Her favorite class? Advanced Placement art. Bella has quite the artistic ability, and will be attending the Cleveland Institute of Art in the fall, majoring in graphic design. She has enjoyed her time working in dietary, and will continue through the summer.

# Anna Maria / Kensington at Anna Maria

#### A LOOK AT WHAT'S BEEN GOING ON!

#### LOVE... IN THE FORM OF A COOKIE....

What a sweet treat! Thank you, thank you, thank you to Rylynn Duckworth and Girl Scout Troop 90839 for the awesome donation of Girl Scout cookies! Rylynn and her troop collected boxes of cookies for our healthcare workers to enjoy! So thoughtful and so appreciated.







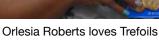
LPN Lisa Channell

Payroll Coord. Betty Eden



The South gals at Anna Maria are so excited











Many thanks to this sweet gal, Rylynn Duckworth

#### MICKEY MOUSE ...





Since Disney World is closed, Mickey Mouse has a bit of time on his hands. So why not travel to Aurora, Ohio? Window visits were the way to go, so Mickey made his way around the perimeter of the building, waving "hello" through the window. Thanks, Mickey, for spreading so much love and sunshine to our residents. Safe travels back to Florida.



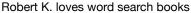




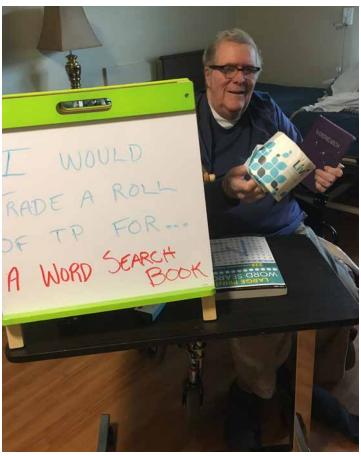
13

#### WHAT WOULD YOU TRADE FOR A ROLL OF TOILET PAPER?

Judy B. loves chocolate

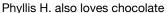






Remember how difficult it was to find toilet paper in the stores two months ago? Crazy, wasn't it? The activities department at Kensington at Anna Maria decided to have a bit of fun with this, and initiated an activity with residents and staff members involved. Resident were asked what he/she would trade a roll of toilet paper for, and staff members then purchased the requested item! What a fun and thoughtful activity. Everyone had a lot of fun!



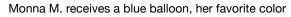




Orlean R. would trade for jewelry (what girl wouldn't?)

#### SPREADING HAPPINESS.... ONE BALLOON AT A TIME...







Etelka A. also receives a bit of hair pampering



Activities Supervisor Amber Reed gets ready to deliver happy



Mary F. receives a red balloon from STNA Angie Stockman

Staff at Kensington at Anna Maria spread happiness to our residents, one balloon at a time. Smiley faces were drawn on brightly-colored balloons and distributed to each resident. Smiles on our residents' faces? Outshined the balloons. Sometimes it's the little things in life that really matter.

#### POWER UP SNACK CART

It's 3:00pm, and all of a sudden, hunger strikes. What's one to do? Power Up Snack Cart to the rescue! The brainstorm behind the activities department at Kensington at Anna Maria, the snack cart powers through the hallways, delivering healthy snacks and drinks to anyone in need of an extra burst of energy. What are you craving today?



#### THANK YOU MCDONALD'S!

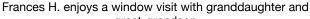
Participating McDonald's restaurants offered free "healthcare hero" food to any employee working in the healthcare field. With a McDonald's right up the road, many of our employees took advantage of this very kind gesture, enjoying a cheeseburger for lunch or dinner. Thank you, McDonald's, and all those establishments that recognized the hard work and dedication of the workers in the healthcare industry.



Anna Maria Receptionist gets ready to enjoy her cheeseburger

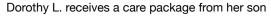
#### JUST ENJOYING THE BEST EACH DAY HAS TO OFFER ...













Like window visits from family, a package filled with goodies from a loved one, or just relaxing in the courtyard, enjoying the fresh air and sunshine. We are making the best of the situation, and appreciating all the "little things" that are brought our way each day.





Dorothy V. and hospitality aide Melonie Case enjoy the beautiful sunshine (and dose of Vitamin D)

# WHAT A LOVELY LETTER FROM THE FAMILY OF RICHARD MISTERKA AT KENSINGTON AT ANNA MARIA



May 2020

On behalf of our entire family, we want to thank all caregivers at every level of the Southwest section of Kensington for keeping Richard comforted and healthy during these unprecedented times of dealing with COVID-19. Weekly updates from the administrators and owners are always appreciated.

Although we cannot visit to personally touch or hug him for a little while yet, we know Richard is being cared for by so many dedicated people who in turn, still have to care for their families and loved ones after taking care of our loved one.

We have always appreciated the care and attention Richard receives, but during these times, everyone has gone above and beyond. Thank you!

Sincerely,

The Misterka Family

Diane Richard, Jr. and Ashley Phillip and Katie and Moose too!



### **CALENDAR**

#### THE MONTH OF JUNE

June is Great Outdoors Month and there is no shortage of ways to get outside. Whether you hit your national parks, bike ride through the city, go camping, hike, or have some quality time in your own backyard, time spent outside as a family is valuable, especially now as we cautiously re-open after our lockdown.

- **June 3** National Running Day Whether you run around the block, chase your dog in the backyard, or jog in place, GET MOVING!
- **June 5** National Donut Day! You can enjoy a free classic donut at any participating Dunkin' Donuts (with beverage purchase), or Duck Donuts in Pinecrest (no purchase necessary).
- **June 14** Flag Day Honor this great country of ours by proudly flying Old Glory!
- **June 20** Summer has officially arrived! Also known as summer solstice, it's the longest day of the year, with 15 hours and 10 minutes of daylight. Sun will rise at 5:53am, and set at 9:03pm.
- **June 21** Father's Day. May God continue to bless these good men in our life.
- **June 26** National Take your Dog to Work Day! Dogs are always welcome at Anna Maria!

## JUNE BIRTHDAYS!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy 102nd! Bernice Bierly	2  Happy 90th!  Mabel Frazier	3 Mary Johnson Patricia Mitchell	4 Marie Rallo	5 Nikki Salemi	Ruth Sweeny
7 Mary Fink Nancy Gall	8	<b>9</b> Mary Ellen Huffmar Sandra Layman	10 Jane Anderson	11	12 Bob Gharky Virginia Gharky	13 <i>Happy 90th!</i> Edith Helderlein
<b>14</b> Joey Wedlake	15 Edward Leonardi Lorraine Tucker	16 Mary Vanek	17	18	19	Vicki Huner Eve Douglass
<b>21</b> Fern Thompson	22 Helen Scherba	23	24 Virginia Martino	<b>25</b> Elvera "Babe" Jusek	26 Kathleen Wise	27 Connie Murray
28	<b>29</b> Richard Misterka Jean Kukis Dolores Koscher	30 Eleanor Gaydos				

# ON THIS DATE...

## JUNE

01

1938

Superman makes his debut in Action Comics No. 1



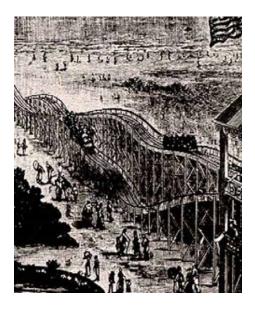
16

1884

America's first roller coaster opens at Coney Island, New York (when do you think amusements park will open up again?) 06

1944

Allies of World War II launched the largest amphibious invasion in history when they assaulted the Normandy beaches



**14** 

1775

The Continental Congress establishes the U.S. Army



20

1867

Allies of World War II launched the largest amphibious invasion in history when they assaulted the Normandy beaches

## **SUMMER IS HERE!**

#### NOW WHAT?

#### HOW DO YOU PLAN ON MAKING THE BEST OF IT THIS SUMMER?

It's hard to believe that after the long, cold winter, summer is finally here. However, because of the coronavirus pandemic, summer of 2020 will be a bit different. No amusement parks, state fairs, music under the stars at Blossom, cheering on our Cleveland Indians at Progressive Field, and the list goes on. \*\*\* How do you plan on making the best of it this summer? Perhaps a trip to the beach? Just chillin' in your backyard? Having the best garden on your block? **Drop editor Joann Poremba a line at jporemba@annamariao-faurora.com – We'll print your responses in the July newsletter.** Happy thoughts, happy times!