

Four is Fine, but Five is Divine $\bigstar \checkmark \bigstar \bigstar \bigstar$



Aniya West (left) and Tiffany Bland are so proud of this accomplishment!

Ongratulations Kensington at Anna Maria of Aurora on Achieving 5-Stars! For the last several years, Kensington at Anna Maria has been a 4-star facility (as ranked by Medicare). This star-ranking is based on survey performance, quality measures and staffing. Over the last year, we have been successfully able to steadily increase our quality scores. Thanks to all the hard work of KENSINGTON STAFF MEMBERS, we are now officially a 5-STAR Facility, joining our sister building, Anna Maria. We are excited to share this outstanding news with the community.

A Very Happy and Healthy New Year to All!

Cheers to a new year and another chance to "get it right." May "normal" be a big part of 2022, along with much happiness and as always, good health. Thank you for allowing us the privilege to care for your loved one.

Annual Tree of Remembrance Ceremony Goes Virtual this Year

Due to the ongoing issues associated with Covid-19, the decision was made to have a virtual ceremony this year.

Please see page 6 for details and pictures.



Find us on Social Media! 🗗 🔟 👌

We are on Facebook, Instagram, and now TikTok! Find us, follow us, like us at annamariaofaurora. Please check out our new video on TikTok! We'd appreciate new followers and any suggestions or comments!

Diana Haney



Diana, also known as Lady Di, was born on May 15, 1932, to Andrew and Clara Wilcox, in Bennington, Vermont. She was the middle child of three daughters. Her mother, Clara, was a twin, and had high hopes that one of her daughters would have twins (or even triplets). No such luck! The "double trouble" stopped with Clara. Diana had a nickname all throughout high school: Smoochie! Need to ask Diana where that nickname originated!

Diana met her future husband, Richard, while attending Heidelberg College in Tiffin, OH. They both transferred to THE Ohio State University in Columbus. After graduation, Diana and Richard married and moved throughout northeast Ohio, with Richard serving as a minister at several Methodist congregations in Rock Creek, Howland, Aurora, Madison, Euclid, and Lorain. The couple was blessed with four lovely children - Darrell, Dawn, Deb, and Dwight - in fact, all four born within six years! As you might expect, Diana was quite the domestic engineer. So busy, in fact, she never had time to obtain a driver's license. When the kids were of school-age and involved in after-school activities, Diana knew it was time to get that "license to drive." She took her driving test with her husband and four children standing on the curb by the finish line. Her family cheered, very loudly, when Diana pulled up to the line with the examiner. No one really knows for sure whether Diana actually

passed with test, or if the examiner couldn't bear to fail her in front of her cheering family!

After all the kids were in school, Diana worked as a substitute teacher on a regular basis. Some of her kids were happy to see her at school, while the others were a little less than thrilled. After subbing for many years, Diana worked at the local bank as a mutual funds advisor. She excelled at this profession, passing the test on her very first try. Diana was the recipient of several prestigious awards, including a trip to California.

In 1990, Diana and Richard retired, relocating to Pine Island, Florida, just off the coast of Fort Myers. After a few years, they moved to Lakeland, FL, building a beautiful home in the Huntington Hills golf community. In 2011, the couple moved back to Aurora to be closer to their two youngest children, Deb and Dwight.

Diana moved to an apartment here at Anna Maria in March of 2019, and she couldn't be happier with her decision. She has made many friends, and enjoys all the wonderful activities, especially anything music-related. By the way, Diana is a wonderful dancer. She has a sense of security and community at Anna Maria, and is grateful for the assistance she receives when needed. We are thrilled to have this lovely lady here with us, and wish her continued good health and happiness.

JANUARY 2022

EMPLOYEES OF THE MONTH

Pat Williams, LPN, Clinical Manager.



Chelsie Nagy, RN.

Anna Maria

Position: Clinical Manager of assisted and independent living

Years of Service: 10 ¹/₂

Family: Son and daughter, DeWayne (34) and Jazmin (28 – Jazmin works in activities department)

Favorite food: Indian and Western Caribbean (rice and peas with jerk chicken or pork)

Favorite music: Reggae

Hobbies: Enjoys traveling (hails from England, spent time in Saudi Arabia) – current hobby is watching TV, specifically Dexter on Showtime – so excited about new Dexter series, New Blood

Fun Fact: Loves gardening and planting flowers -

favorite flower is the geranium

Why Anna Maria?: Anna Maria of Aurora is simply the best company I've ever worked for. So fortunate that my best friend Sharon Zaverl (Director of Nursing at the time) brought me on board; best decision I ever made



Kensington

Position: RN on East / West halls

Years of Service: 6 months

Family: a beautiful 19-year old sister with downs

syndrome, an older brother, and two cousins

Favorite Food: loves a really good filet, especially one from Texas Roadhouse

Music: enjoys all types, but is a bit partial to country (Jason Aldean)

Hobbies: Enjoys traveling – goes back and forth a bit to Michigan to visit family

Fun Fact: Fell in the dolphin tank at Sea World! Yes, she really did!

Why Kensington?: appreciates the family atmosphere – administration truly cares about the residents and employees – such a big difference than a corporate-owned nursing facility – feels at home here





A look at what is going on...

We are Santa's Elves

aah, the beloved song from Rudolph the Red-Nosed Reindeer! A beloved tradition here at the Campus of Anna Maria is for our employees to purchase small but meaningful gifts for our residents. Santa and his Elves (aka the activities staff) distribute these gifts the morning of Christmas Eve, roaming the halls spreading laughter, good cheer, and merriment to all. It's truly wonderful to witness the big smiles on our residents' faces as they open their gifts. PRICELESS! Many, many thanks to those employees who participated in this gift-giving activity.



Have you been good Osie? asks Santa – you bet!



Ellen R. gives a thumbs up – loves her gift!



Don't shake that box Earl!



For me? asks Mary Lou T.



What could it be now? Asks Phyllis H.



We are Santa's Elves!



Frances H. is handed a present



Thank you Santa! Dorothy H.



May all your wishes comes true Vicki H.

Anna Maria / Kensington



Helen W.



Grace K.



Just what I always wanted, exclaims Grace W.



Fatini "Tina" C



Awww, Rosietta J. loves her gift!



Robert H.



Grace W. (left) and Phyllis H. (right) with Santa



The happy Arborview crew



Smile! Mary F.

Winter Edition

Tree of Remembrance Ceremony Goes Virtual

Due to ongoing issues with the Covid-19 pandemic, a decision was made to have a virtual ceremony this year. This special occasion is a time to reflect and remember those residents who passed this previous year. Each resident's name is called, and the family comes forward to hang a personalized placard on the tree. Family is then presented with a keepsake ornament engraved with their loved one's name. This year, staff members hung the placards on the tree, and ornaments were mailed to family, along with a link to view the virtual ceremony. All in all, we were very pleased with the quality of this virtual ceremony, and believe the sentiment came shining through clearly. We have received many positive comments from families. We hope (and pray) to resume our regular ceremony next year.



(l to r): Jazmin Williams, Ruth Becht, Lisa McFarland, Pat Williams



The tree before the hanging of the placards - perfect lighting!



The ornament mailed to families



After the hanging of the placards

Spreading Good Cheer to All!

heers – here in the U.S., cheers means offering a toast for happiness. Overseas, cheers simply means thank you! At Kensington, we used the latter as a way to say thank you to our staff for providing such excellent, 5-star care to our residents. Small bottles of nonalcoholic sparkling wine were adorned with a "Cheers" placard and distributed to staff members, who were so very appreciative. Keep up the good work, and these small tokens of appreciation will keep coming. Cheers!





Marilyn D. was a busy lady preparing all the labels



Marilyn D. hands a bottle to Tiffany K.



few very happy employees (back row) Front: Grace K. and Robert H.

Donut Breakfast Club

Residents at Anna Maria enjoyed donuts, coffee, and engaging conversation during "breakfast club" one fine sunny (but chilly) morning.



Santa's Newest Reindeer?

o, that's just Moo, an Olde English Bulldog owned by Angie Stockman (Medical Records) at Kensington. He's adorable, isn't he? Moo helped spread Christmas cheer in exchange for hugs, pats on the head, and a few treats.



Moo... what a great dog!

Busy, Busy, Crafting, Crafting

ne of our favorite activities, crafting, is always more fun during the holiday season, and December brought about a plethora of "cool" crafts like gingerbread houses, tinsel candy canes, mason jar luminaries, and foam gnomes. Our talented activities staff is always on the hunt for fun and creative ideas for our residents to enjoy, not just at Christmas, but all year round.





Kick-Start your New Year with a new and healthier YOU!



Healthy advice from Sue Kocin - Registered Dietitian

So what were you busy doing during the holidays? Eating and drinking a bit too much? Shelving your exercise routine (what exercise routine)? Many if not all of us easily slip into "bad habits" during the holiday season. Now that the holidays are over, it's time to get back on track, with a little help from Anna Maria's registered dietitian, Sue Kocin. Here's a bit of good, healthy advice from Sue.

> *Email her with any questions, skocin@annamariaofaurora.com*. Thank you Sue!

The average person gains only about 1# over the holiday season, however, this weight is typically not lost over the following year, and adds up year after year.

Don't heap food on your plate, and think twice before having second helpings. Check food labels for serving sizes and stick to them.

It's hard, but try to increase your daily water intake. If you absolutely hate the taste of water, carbonated waters (like La Croix) are just fine.

While eating, SLOW down and DON'T eat in front of the television.

Top salads with nuts or seeds instead of croutons. You'll still get that nice CRUNCH – aim for oil-based dressings instead of cream-based.

Switch up your yogurt from sweetened with added fruit to plain, low-fat yogurt – add your own fresh fruit instead.

Make half of your dinner plate COLORFUL – broccoli, spinach, cucumbers, celery, peas, peppers, carrots, strawberries, blueberries.

Walk, walk, and walk some more, with a goal of 10,000 steps. Many great walking videos are available on YouTube.

Please feel free to contact Sue with any additional questions on how to get healthy this new year!





A look at what is going on...

The Voices of Angels

M any thanks to Lorraine Tucker, our pianist and group leader, and all the amazing voices of our Christmas Choir, comprised of our assisted and independent living residents. After months of dedicated practice, they performed a lovely sing-a-long for the other residents as well as employees. Activities assistant Jazmin Williams joined in the fun as a little drummer boy! The Mormon Tabernacle Choir might have a bit of competition on their hands!



Lorraine Tucker (foreground) - the leader of the pack!

Thanks for being a great drummer Jazmin!

Our Winter Garden

he plants growing in our new indoor greenhouse are doing really well. In the spring, we will start vegetables from seeds. Hoping for a bounty of fresh produce!



Anna Maria of Aurora Newsletter

Bob Evans, Down on the Farm

any thanks to the good folks at the Bob Evans in Bainbridge for accommodating our group so nicely. Along with a corner table away from traffic, the server was fully-vaccinated and wore a mask for our safety and hers. Always a good meal at Bob Evans.



Jazmin, Joe V. Ann F. let their food digest – so good!



Mary S., Ginger O., Ernie Q.



Dick and Emily Durbin – those smiles tell you what a great meal it was!

That's One Tired Dog!

ecorating for the holidays can be tiring, however, how much work did Bowie (in-house therapy dog) actually do? We did take advantage of his tail during his nap, adorning it with ornaments and a star!



Let sleeping dogs lie....

What a Lovely Evening!

A ssisted and independent residents gathered together for our annual Christmas party. The only difference this year? Unfortunately, the party was limited to residents only; no family members. We know what to blame for this. Though the gathering was smaller than usual, that did not take away from all the fun, laughter, and overall good time. Santa (Stephan Lajko, Dining Services) stopped by to wish everyone well (and take a few pictures), and dinner was topnotch: Carved Prime rib, twice-baked potato, asparagus, and a most delicious tiramisu for dessert. Many thanks to all those "behind the scenes" folks who helped make this such a special evening for our residents.



(l to r) Chris A., Virginia M., Lori M.



What would you like for Christmas ladies? Asks the man in red



Tom and Catherine Priester



Marie Rallo



Shirley Kall





Delicious punch, shrimp, fruit, and prime rib



Anna Maria of Aurora Newsletter

Assisted / Independent Living



(l to r) Lynn F., Santa, Joan L., Mary M.



Santa, Ernie Q., Mary S., Marlys B.



Tom P. and Kay W.



Joe V. and Elizabeth R.



Joanne B., Karen P., Nancy D.



Trudy U., Lorraine T., Ann W.





Sandra J., Annette and Tom Cadwell



Marion S., Ginger O., Ginny R.

Winter Edition

Honoring our Veterans

few of our residents were invited to join a veterans service at the Aurora High School. Those in attendance enjoyed a most delicious lunch (catered by Mazzulo's), great speakers, and lovely music by the choir and orchestra.



Lisa McFarland (activities), Rudy Kastelic, Mary Sand

Candlelight Evening at Ernie's House

The holiday season would not be complete without a visit to Ernie Quesenberry's house. Ernie, a bus driver and activities assistant, hosted a lovely evening at his home in Streetsboro. Residents enjoyed viewing all his amazing decorations, shared holiday memories, and munched on delicious snacks. Many thanks to Ernie for opening up his beautiful home for us to enjoy.



(l to r): Lisa M., Dick D., Jazmin W.

Assisted / Independent Living



Ginger O. with Ernie



Marlys B. (left) with Emily D.



Grayson the cat - isn't he beautiful?



Wow, look at those stairs



Breathtaking! Nice job Ernie!

January is

Happy New Year! May this new year be filled with many blessing, good health, and lots of happiness!

January is National Hobby Month. Spend some time honing your skills, or try something new!

January is National Blood Donor Month. The Red Cross is currently experiencing the worst blood shortage in over a decade. Please consider donating. To find the nearest blood drive, check out redcrossblood.org. All donors this month will be entered into a drawing for a chance to win tickets to the Super Bowl.

Calendar

Jan. 10 – The top two college football teams, the Alabama Crimson Tide and the Georgia Bulldogs, battle for the title of national champion at Lucas Oil Stadium in Indianapolis. The two teams played in the national championship back in 2018, with the Crimson Tide winning 35 to 28. Catch all the action on ESPN.

Jan. 17 – Federal holiday honoring Dr. Martin Luther King, Jr.

Jan. 21-23 – The Winter X Games return to Aspen, CO

Jan. 24 – National Global Belly Laugh Day – What do you get when you cross a snowman with a vampire? Ha, Ha, Ha – Frostbite!

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Feb. 1 – It's the year of the tiger. Chinese New Year begins...

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						Michael Faturoti
2	3	4	5	6	7	8
			Dolores Hess	Marjorie Lanzdorf	Evelyn Blake	Valarie Roan
9	10	11	12	13	14	15
Claire Moriarty	Grace Ward	HAPPY 100TH Madeline Mannino				Paul Maloney
		Marilyn Dobrzanski				
16	17	18	19	20	21	22
	Gladys Everhart	Ginny Otcasek		Jayne Bergdorf		Grace Kudukis
		Ernie Sarosi				
		Helen Whitley				
23	24	25	26	27	28	29
	Debbie McGinnis	John Oberle				HAPPY 102TH Helen Hyla
						Nancy Davenpor
30	31		1			
	Mary Fletcher					

On This Date...

Jan. 1, 1752

Betsy Ross, the seamstress who helped sew the original American flag, is born



Jan. 3, 1888

The drinking straw is patented – Great invention, however, did you know that Americans use over 500 million plastic drinking straws a day? Seattle, WA, recently became the first U.S. city to ban plastic straws, while New York City and the states of Hawaii and California have pending straw ban legislations

Jan. 26, 1988

The Phantom of the Opera opens on Broadway at the Majestic Theatre in New York City; it's the longest-running Broadway show in history

Jan. 12, 1991

Congress authorized President George Bush to use military force against Iraq following its invasion of Kuwait





James Marshall accidentally discovers gold near Coloma, CA, triggering the California Gold Rush



WIN A GIFT CARD! Test Your Knowledge of the Rose Bowl!

Congratulations to the Ohio State Buckeyes, Tournament of Roses Champions!

What an exciting game against Utah! After a weak performance in the first half (and playing without 15 of their starters), the buckeyes came alive, beating the Utah Utes 48 to 45! The OSU Buckeyes have played in the Rose Bowl 15 times, with this certainly being the most action-packed. **** Are you big fan of college football playoffs? What is your knowledge of the Rose Bowl? Take a moment and test your brain.

Email editor Joann Poremba for a chance to win a gift card!

jporemba@annamariaofaurora.com. Let's go!

- 1. What city is the Rose Bowl located in?
- 2. What year was the first Rose Bowl played?
- 3. T or F the original Rose Bowl was played just 3 miles away in a stadium called Tournament Park
- 4. T or F construction of the Rose Bowl took just 8 months
- 5. What two teams played in the official first game on Oct. 28, 1922?
- 6. T or F the Rose Bowl was the home of the track cycling venue for the 1936 Olympics
- 7. Only one stadium in the country is larger than the Rose Bowl, with a capacity of 107,601 what stadium is it?
- 8. BONUS: What is the capacity of the Ohio State Buckeyes Horseshoe Stadium?



The happiest people are those who do the most for others – Booker T. Washington



Winter Edition

		ω	15	22	29	
Saturday		9:30 Chronicles All 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Room Visits all 3:15 Trivia EW	9:30 Chronicles All 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Room visits all 3:15 Trivia EW	21 9:30 Chronicles All 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Room visits all 3:15 Trivia EW	9:30 Chronicles All 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Room visits all 3:15 Trivia EW	20
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