

THE FAMILY MATTERS NEWSLETTER

ISSUE # 26

MONTH	OUR EDITOR	CONTACT	FIND US ON FACEBOOK
02	Joann Poremba	Jporemba@annamariaofaurora.com	Anna Maria of Aurora

A Note of Thanks and Appreciation...

We received a wonderful letter from a very appreciative family of a resident in our assisted living area. Receiving a letter like this reaffirms the fact that we truly do provide absolute top-notch care to our residents, and families recognize this. Here are excerpts from this letter...



The awesome assisted living caretakers and management team

Assisted / Independent Living Indoor Visitation Resumes on **Monday, February 8, 2021**

We are excited to resume indoor visitation for our assisted and independent living residents. Visits may be arranged through SignUp Genius (families should be familiar with this link), and are limited to two (2) visits per week per resident (not per family member). Please, no outside food or drink or pets. **PLEASE VISIT OUR WEBSITE (annamariaofaurora.com) or scan QR code above FOR FURTHER GUIDELINES ON INDOOR VISITATION.** Any

questions, please contact Activities Director Lisa McFarland x 234 or Administrator Aaron Baker x 201. 330 562-6171. *** Unfortunately, nursing home indoor visitation remains virtual for the time being due to different guidelines set forth by the federal government and CMS. Please contact Aubrie Rivera at Anna Maria 330 562-6171 x 236 or Amber Reed at Kensington at Anna Maria 330 562-3120 x353 for more information on virtual visitation.



Catherine “Mary” Fabyan



“Thank God for your family. Know that they are the most precious thing you have.”

Salem, Massachusetts, may be famous for its 1692 witch trials, but Salem to assisted living resident Catherine “Mary” Fabyan is simply home. Mary was born in Salem on April 18, 1933, to Albert and Catherine Pratt. Two boys, James and William, came along after Mary. When Mary was six years old, her father, an engineer, accepted another job offer and moved the family to Rhode Island. A promotion prompted yet another move, this time to Boston. The family settled nicely in Boston, and the kids did well in school. While in high school, Mary achieved a great honor. She entered a city-wide art competition sponsored by the SPCA (Society for the Prevention of Cruelty to Animals) and won a gold medal. Her painting? A kitten playing amongst pussy willows. The painting was displayed for a period of time in the window of Jordan Marsh, a department store headquartered in Boston.

After graduation, Mary worked at a book bindery repair shop, but only for the summer, for that fall she attended Salem State University, majoring in education. While waiting for the bus one fine day her senior year, she saw a very handsome man walking out of a store. He must have noticed Mary as well, for he stopped to chit chat with this lovely gal. The conversation flowed nicely, and Mary learned that this handsome guy (named Ted) was just discharged from the Marines, where he served as Captain. He and a friend were

attending a beach party that evening, and he asked Mary to join him. She accepted the invitation and as they say, the rest is history. The two dated for about three years prior to tying the knot. During their engagement, Mary taught fifth grade at Veteran’s Memorial School, and Ted accepted a position with the Easter Seals as a Recreational Director at a camp for severely disabled adults and children. He had plans to return to school to obtain his Master’s degree, but the Easter Seals offer was too good to refuse. Mary and Ted married on May 8, 1956, and honeymooned in the Pocono Mountains in Pennsylvania. Ted’s unique set of skills afforded him different opportunities with different companies, so the couple relocated frequently. Mary and Ted were blessed with four wonderful children, all within four years. Taking care of Paula, Matthew, Michael, and Carol, along with various cats and dogs, was a job within itself and kept Mary very busy. The family moved to the Chagrin Falls/Bainbridge area in 1975 and have since remained in Ohio.

One fond memory of Mary’s involves her youngest son, Matthew. One fine summer afternoon, Mary took the kids, her mother-in-law, and two nieces for a ride out to the countryside. Along the way, in the middle of nowhere, the car got a flat tire. Uh Oh! This was in a time WAY before cell phones, so Mary let the kids out to play while she and her mother-in-law waited for someone,

anyone to drive down the dusty road and help. A knight in shining armor eventually came along and changed the tire. Mary decided it was best to turn around and go home rather than continue with the countryside adventure. They were about a mile from home when Mary realized they forgot about little Matthew. Oops. Turned the car around and went back to pick him up. To this day, he does not let his mother forget about this incident. Funny now, but certainly not then.

Ted belonged to many different associations that held annual meetings all over the country. Mary boasts that she’s visited most major cities in the USA. The couple enjoyed traveling outside the US as well, with favorite destinations being South America, Europe, Hawaii, and Alaska.

In 2019, Mary slipped and fell on ice and broke her hip. After recuperating, Mary’s children thought it best if she did not live alone anymore, and searched for quality assisted living centers in the area. The social worker at the hospital highly recommended Anna Maria, and the family agreed that this was the best place for Mary. So here she is, and we are thrilled to have this lovely lady with us. One of Mary’s favorite quotes? A line from a poem by Ella Wheeler Wilcox, “.Tis the set of the sails and not the gales, that tells the way to go...” May God continue to bless Mary with good health and happiness.

February 2020

Employees of the Month

**Carey Huffman,
LPN.**



Anna Maria

Carey has a kind word for all!

Congratulations to our Anna Maria Employee of the Month, Carey Huffman, LPN. Carey maintains a positive attitude, and has a kind word for all. She's a team leader and holds the respect of her fellow co-workers. Carey is an advocate for her residents and places their needs first. South resident Jane B., who nominated Carey, was so thankful for the help she received from Carey during the holidays. Jane's family placed a small Christmas tree outside her window, and the wind knocked it down. Carey trudged through the snow and cold to upright the tree. Thank you Carey! You are appreciated!

**Jeannie England,
STNA.**



Kensington

Jeannie is always smiling!

Congratulations to our Kensington at Anna Maria Employee of the Month, Jeannie England, STNA, Housekeeping Supervisor. Jeannie goes above and beyond every day in assisting other departments, not just her own. Call light blinking? Jeannie will take care of it. Phone ringing? Jeannie will answer it. If someone needs help, Jeannie is there! Best of all? Jeannie is always smiling, cheerful, and eager to work. Kensington is fortunate to have an employee like Jeannie. Congratulations, and keep up the good work!

Celebrating Anniversaries

Many Thanks for Your Years of Service!

05 Years	10 Years	15 Years	20 Years
<p>Andrea Busse, SLP, Family Tree Rehab Services</p> <p>Larry Jones, Housekeeping @ Kensington</p> <p>Cheryl Palopoli, RN @ Anna Maria Rehab Place</p> <p>Robin Trautman, Cosmetologist</p>	<p>Callie Weatherbee, RN – Assisted and Independent Living, Anna Maria</p>	<p>Jamie Valadez, STNA @ Kensington</p>	<p>Chris Kruger, LPN, Unit Manager @ Anna Maria (North and Rehab Place)</p>



Andrew Busse with “bosses” Phil (l) and Aaron (r)



Larry Jones (center) with Chris and Jeannie



Chris Kruger (L) and Cheryl Palopoli (r)



A slice of Cheryl’s cake – adorable!



Callie Weatherbee and fellow co-workers



Callie’s cake – loves jungle animals



Jamie Valadez with administrator Chris Norton



Robin Trautman, Cosmetologist



A look at what is going on...

Happy, Happy Birthday!

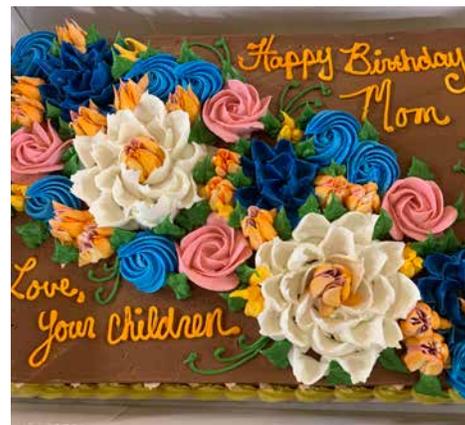
Happy birthday and many more to Anna Maria South residents Ernie S. (97) and Beverley C. (94) who celebrated these “big” birthdays last month. As Jack Benny says, “Age is strictly a case of mind over matter. If you don’t mind, it doesn’t matter!” May God continue to bless these two and ALL our residents with good health and happiness.



Ernie S. enjoys his slice of cake



Beverley C



Beverley’s gorgeous cake (from Raised and Glazed Donuts in Bainbridge)

Same Shirt, Same Girl, Same Dog?

Aнна Maria receptionist Carey Norton hasn’t changed and neither has her shirt, however, that dog sure did change! Attempted to recreate the same picture with Carey holding therapy dog Bowie (owner is Assisted/Independent Living Activities Director Lisa McFarland) as a cute puppy and now as a handsome adult. Some things never change!



Warm and Fashionable... What a Winning Combination!

Well, according to Punxsutawney Phil, we have six more weeks of the cold and snow, and according to the extended weather forecast, it's going to get REALLY cold! Your body loses heat first through your head, so need to keep that noggin warm! The best way? With a fashionable Campus of Anna Maria hat! Please contact Joann Poremba at jporemba@annamariaofaurora.com for information on how to purchase one! Only \$15.00! Wow, what a deal.



Angela Thomas, Ohman Family Living



Colleen Storme, Reception



Jazmin Williams, AL/IL Activities



Resident Marlys Balch



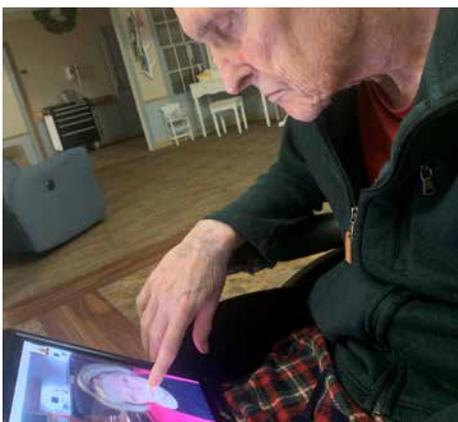
AL/IL Activities Director Lisa McFarland, husband Rand, and dog Bowie



Kensington nurses Karin Hasel and Dunja Biggins

FaceTime with Family

Virtual visits has become the norm now, and residents are slowly but surely getting used to seeing their loved ones through an Ipad! We hope indoor visitation will resume soon.



Lloyd F. with wife June



Nellie T. is so enjoying her virtual visit



Marge C. couldn't be happier

B-I-N-G-O! Redefined...

Our activities departments are continually on the search for unique and creative ways to offer safe and socially-distanced activities for our residents to enjoy. It has not been easy but we're trying, and we may have struck gold! We are currently trialing a new program called Eversound, an enhanced hearing program equipped with a microphone, headphones and a transmitter. The "control" person uses a microphone and transmitter that communicates with the residents wearing headphones, within 300 feet. The headphones have different volumes that can be adjusted to the hearing needs of each resident. Last week, our residents were able to once again enjoy one of their FAVORITE activities, Bingo! They absolutely loved it. We will continue to test the system with other activities like the rosary and hangman. Right now, it's the closest we've come to "normal." Stay tuned!



Mary J. – no Bingo yet...



Ernie S. is almost there



Frances H. enjoys the game while bundled up



Safely Social-distanced



Genee H.

Will He or Won't He?

Punxsutawney Phil DID see his shadow, so six more weeks of winter. Ugh and Ugh! Residents made the best of this bad news by enjoying cookies. Need a little sugar to sweeten the sour mood!



LOVE is in the Air!

Kensington at Anna Maria residents love crafting, and what better month than February (the month of LOVE) to craft items made with LOVE? Residents crafted Valentine mailboxes to prepare for all those Valentine's they'll be receiving next week!



Frankie P.



Louise J. (top) and Dora Mc. are very busy ladies



Frosty the Snowman

Though Frosty melted away on a warm, warm day, the snowmen at Kensington will be around until May! Little bit of a corny rhyme, but these cute snowmen, lovingly crafted by Kensington residents, will be around for a long time to enjoy!



Isn't he SO cute



Dora Mc.'s snowman is looking good... great hat!



Great job Debra G.

Lovely Nails

Keep calm and paint your nails...Happiness is freshly-painted nails... Kensington resident Fern T. has found a new passion – painting nails! She has developed quite a knack for painting nails and does a really good job. Employees are lining up to have their nails painted by Fern! Are you next?



Assisted / Independent Living



A look at what is going on...

Looking Good, Ladies!

Hairstylist: A wonderful person who touches more hearts than hairs! *** We are fortunate to have an in-house cosmetologist, Robin Trautman, who really does touch a lot of hearts. She makes our residents look truly beautiful! Thank you!



Robin (r) styles Emily D.'s hair

Bob Evans? Cracker Barrel?

No, that's a delicious made-to-order breakfast lovingly prepared by cook Julie Krozser. Ernie M. can't wait to dig in! (P.S. He enjoyed every last bite)



Grace K.



Sandra L.



Karen P.

Bracelets

Assisted living residents crafted beautiful “wintery” bracelets with a dangling snowflake, penguin, or angel charm. Even the men got in on the fun. Looking good everyone!



Dorothy I.



Betty B.



Nikki S.

My, What Big SQUARES You Have...

What a GIANT crossword puzzle! Norwood residents had a lot of fun with this giant puzzle. Of course, playing along with Ernie (driver/activities asst.) made the activity even more fun.



Tom and Catherine P.



Marge O. shows off her lovely bracelet

Thank you for Brightening our Day!

Jenna S., a member of the “You Can” Ministry at the Gesu Church in University Hts and a resident of Aurora, dropped off some Valentine’s artwork she painted. Beautiful! These lovely pictures are displayed on the bulletin board in the AL/IL common room. Thank you Jenna!



Jenna's artwork



Jenna (right) hands off her artwork to Lisa McFarland

Anyone Can Paint!

It's true! You don't need to be artistic to paint a beautiful picture! All it takes is a little patience, teamwork, and the guidance of Jazmin Williams, Activities Assistant. These masterpieces are brightening the walls in the Wellness Center.



The end result after weeks of hard work – beautiful!

February is...

Black History Month. This annual celebration honors the role African-Americans played in shaping our country's history. See below for the names of a few notable Black Americans who made history! **National Bird Feeding Month** – birds benefit from bird feeders especially during the winter. **National Grapefruit Month** – need a reason to squeeze this citrus into your diet? Grapefruits contain compounds that help fight heart disease! **National Hobby Month** – take this time to try something new, like an exercise routine.

Feb. 2 - Groundhog Day! The first Groundhog Day was officially celebrated in Pennsylvania in 1887, where Punxsutawney Phil is still consulted to predict the end of winter each year. Due to the ongoing pandemic, Phil will make his prognostication virtually this year at approximately 7:25am. Don't fret if Phil sees his shadow – he's only right about 39% of the time.

Feb. 5 – National “Wear Red” Day. Show your support for the awareness of the #1 health threat to women – heart disease.

Feb. 7 – Join the millions of football fanatics who will be watching Super Bowl LV as the Kansas City Chiefs take on the Tampa Bay Buccaneers. For the first time in the history of the Super Bowl, a team will play in its home stadium. The Tampa Bay Buccaneers earned that distinction after securing a spot in this year's Super Bowl, which will take place in Raymond James Stadium in Tampa. See below for a few fun Super Bowl trivia questions!

Feb. 9 – National Pizza Day. Pepperoni is the most popular topping. What's your favorite?

Feb. 12 – Chinese New Year. 2021 is the Year of the Ox.

Feb. 14 – Happy Valentine's Day! Is this a true day of love, or just a “Hallmark” holiday? What will it be, chocolates or jewelry for your loved one? Whatever it is, share the LOVE

Feb. 14 – The Daytona 500, NASCAR's biggest race, takes place in Daytona Beach, FL. Limited spectators this year to allow for safe, social-distanced seating.

Feb. 15 – Presidents Day! “And so my fellow Americans, ask not what your country can do for you; ask what you can do for your country.”

Feb. 17 – Ash Wednesday, the beginning of the Lenten season for the millions of Catholics around the world. Ashes are a result of the burning of leftover palms from Palm Sunday last year (the Sunday before Easter).

Feb. 20 – National Love Your Pet Day! Just another convenient excuse to spoil your best friend!

Birthdays!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Emily Durbin Earl Cortright 1	2	3	4	5	6
HAPPY 100th! Gertrude Anderson 7	8	Dorothy Shannon 9	Florence Brown 10	11	12	13
14	Letizia Spidalieri 15	Kathleen Bragg Thomas Parisi 16	Linda Farmer 17	Martha Hoover 18	Dylene Joseph 19	Mary Boyko Norma Keslar 20
21	Myrtle Teats 22	Cathy Ferris 23	Doris Smith 24	25	26	Doris Johanson 27
Emily Breeler Antonina Totani 28						

On This Date...

Feb. 02, 1876

The National Baseball League is formed with eight teams

Feb. 08, 1922

The first radio is installed in the White House.



Feb. 21, 1965

Malcolm X, minister and human rights activist, is assassinated in New York City by three members of the Nation of Islam.

Feb. 05, 1934

Hank Aaron (Hammerin' Hank) is born in Mobile, AL. Hank held the MLB record for career home runs for 33 years. (Hank Aaron passed away on January 22, 2021 in Atlanta GA. May he rest in peace).



Feb. 22, 1732

George Washington, our first president, is born in Westmoreland County, Virginia.

Feb. 08, 1910

The Boy Scouts of America is founded. Happy 111th birthday, BSA!

Feb. 12, 1809

Abraham Lincoln is born in Hodgenville, Kentucky.



NAMES YOU SHOULD KNOW

** Most people associate Black History Month with these famous names – Hank Aaron, Frederick Douglass, Rosa Parks, Jessie Owens, and Martin Luther King, Jr., just to name a few. Here are a few notable Black Americans whose names may not be familiar to you.



Edgar Cunningham, Sr.

In 1926, Edgar became the first African American to be awarded the honor of Eagle Scout (Boy Scout Troop 12 in Waterloo, IA).



Jack Johnson

Jack was the first African American World Heavyweight Champion boxer, holding the title from 1908 to 1915.



Wilma Rudolph

Wilma became the first American female sprinter to win three Olympic gold medals in a single sport (Summer Olympics 1960)



Bessie Coleman

In 1921, Bessie became the first licensed African American female pilot.



Marie Van Brittan Brown

Marie invented the first home security system in 1966.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10AM-11:30AM SKYPE/FACETIME 1:45PM-4:25pm Virtual family visitation	10am-11:30 virtual visit 10:30am Bingo SP 1pm Chronicles NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits	10am-11:30 virtual visit 10:30am Bingo NP/AV 1pm Chronicles NP 2pm SP Crafts 3:30 NP Crafts 4:30 AV Sensory fun Groundhog Day	10:30am Bingo SP 1pm Chronicles NP 1:45PM-7:55PM VIRTUAL VISITATION 4:45 Chit Chat AV	9:30am Bop it MLR 10:30am Bop It AV 11:30am Rosary MLR 1:30pm chronicles SP 1:45pm- 7:55pm Virtual visitation 4:30pm Sensory fun AV	10am-11:30 virtual visit 10:30am Bingo NP/AV 1pm Chronicles NP 2pm AV Manicures 3:30 Visits SP 4:30 AV visits	9:45am-4:25pm Virtual family visitation
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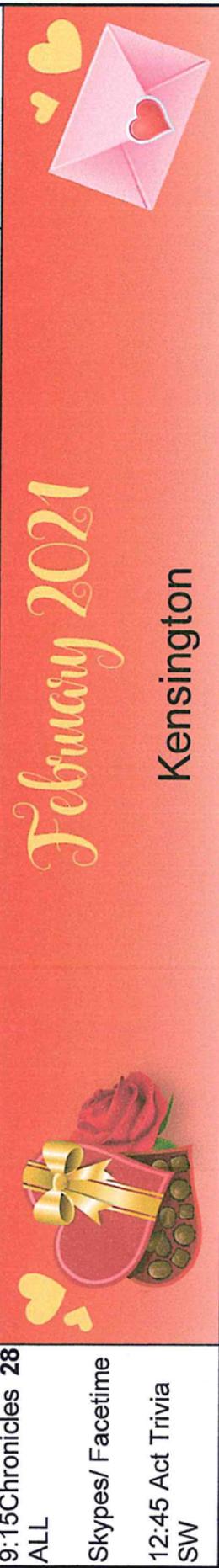
**SOUTH PARK; SP, NORTH PARK; NP, ARBORVIEW; AV
 MAIN DINNING ROOM; MDR, MAIN LIVING ROOM; MLR
 ALL ACTIVITIES ARE SUBJECT TO CHANGE**



February 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SW- Southwest NW- Northwest EW- East/West DR- Dining Room 	9:30am Chronicles All 10:30am Bingo EW 12:45pm Act Trivia SW 2:00 Ladies Circle NW 3:30pm Chair Moves EW 4:00 Mail Call All 4:15 1:1 visits All	9:30am Chronicles All 10:30am Crafting easy SW 12:45pm Act Trivia SW 1:45 Music Memory SW 2:15 Creative Crafts NW 3:30 Craft Room EW 4:30 Mail Call All Skypes/ Facetime <small>Groundhog Day</small>	9:30 Chronicles All 10:30 Cooking Class SW 12:45 Act Trivia SW 2:00 Bake & Taste NW 3:30 What's Cook'n EW 4:30 Mail Call All Skypes/Facetime	9:30 Chronicles ALL 10:30 Bingo NW 12:45 Act Trivia SW 2:00 Hangman EW 3:00 Move About SW 4:00 Mail Call ALL 4:30 Dinner Stretches NW Skypes/ Facetime	9:30am Chronicles All 9:45am Nail Art NW 10:30am Pretty polish SW 12:45pm Act Trivia SW 2:00pm Fancy Fingers EW 4:00 Mail Call ALL	9:30 Chronicles ALL 10:00 Hymn Sing SW 12:45 Act Trivia SW 2:00 Hymn Sing EW 3:00 Saturday Snack ALL
9:15Chronicles ALL Skypes/ Facetime 12:45 Act Trivia SW	9:30am Chronicles All 10:30am Bingo EW 12:45pm Act Trivia SW 1:45pm Word Scramble NW 2:30pm reading corner SW 3:30pm Chair Moves EW 4:00 Mail Call All 4:15 1:1 visits All	9:30am Chronicles All 10:30am Crafting easy SW 12:45pm Act Trivia SW 1:45 Music Memory SW 2:15 Creative Crafts NW 3:30 Craft Room EW 4:30 Mail Call All Skypes/ Facetime	9:30 Chronicles All 10:30 Cooking Class SW 12:45 Act Trivia SW 2:00 Bake & Taste NW 3:30 What's Cook'n EW 4:30 Mail Call All Skypes/Facetime	9:30 Chronicles ALL 10:30 Bingo NW 12:45 Act Trivia SW 2:00 Hangman EW 3:00 Move About SW 4:00 Mail Call ALL 4:30 Dinner Stretches NW Skypes/ Facetime	9:30am Chronicles All 9:45am Nail Art NW 10:30am Pretty polish SW 12:45pm Act Trivia SW 1:45pm Fancy Fingers EW 3:00 V-day Bash w/ Papeleo DR <small>Chinese New Year (Year of the Ox)</small>	9:30 Chronicles ALL 10:00 Hymn Sing SW 12:45 Act Trivia SW 2:00 Hymn Sing EW 3:00 Saturday Snack ALL
9:15Chronicles 14 ALL Skypes/ Facetime 12:45 Act Trivia SW	9:30am Chronicles All 10:30am Bingo EW 12:45pm Act Trivia SW 1:45pm Word Scramble NW 2:30pm reading corner SW 3:30pm Chair Moves EW 4:00 Mail Call All 4:15 1:1 visits All	9:30am Chronicles All 10:30am Crafting easy SW 12:45pm Act Trivia SW 1:45 Music Memory SW 2:15 Creative Crafts NW 3:30 Craft Room EW 4:30 Mail Call All Skypes/ Facetime <small>Mardi Gras</small>	9:30 Chronicles All 10:30 Cooking Class SW 12:45 Act Trivia SW 2:00 Bake & Taste NW 2:00 Food Comm DR 2:30 Res Council DR 3:30 What's Cook'n EW 4:30 Mail Call All	9:30 Chronicles ALL 10:30 Bingo NW 12:45 Act Trivia SW 2:00 Hangman EW 3:00 Move About SW 4:00 Mail Call ALL 4:30 Dinner Stretches NW Skypes/ Facetime	9:30am Chronicles All 9:45am Nail Art NW 10:30am Pretty polish SW 12:45pm Act Trivia SW 2:00pm Fancy Fingers EW 2:00 Drive-In DR 4:00 Mail Call ALL	9:30 Chronicles ALL 10:00 Hymn Sing SW 12:45 Act Trivia SW 2:00 Hymn Sing EW 3:00 Saturday Snack ALL
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9:15Chronicles 28 ALL Skypes/ Facetime 12:45 Act Trivia SW						



All Activities are subject to change