

# THE FAMILY MATTERS AUGUST NEWSLETTER

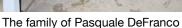
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# REUNITED... AND IT FEELS SO GOOD...







Hard to see smiles beneath the masks



The family of Joyce Elleck

Families have anxiously been awaiting word from Governor Mike DeWine regarding lifting the visitation restriction that has been in place since March. Governor DeWine did not disappoint, as nursing facility visitation restrictions were finally lifted the middle of July, with obvious limitations (outdoor only; masks; social distancing; no physical contact; sanitize all surfaces between visits). Assisted living fared slightly better, with restrictions lifted back in June. Families are beyond thrilled to reunite with their loved one again after all these months. We will, of course, continue to monitor all correspondence from the State of Ohio and update our families with any adjustments. Let's hope for a wonderful fall season with seasonable weather to allow these outdoor visits to continue as long as possible.



The family of Maggie Willis



The family of Phyllis Boyd



Shelly Wathey is ecstatic to finally see hubby Arthur

# RESIDENT PROFILE

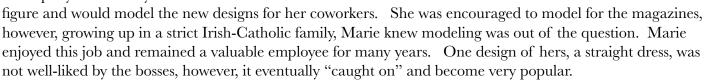
#### MARIE RALLO

Ask Marie to explain just exactly what a football wedding is; she'll be happy to tell ya!

Marie Florio was born on June 4, 1923, in Brooklyn, one of the five boroughs of New York City. She was the oldest of six children born to Tom and Jennie Florio. Marie fondly remembers a happy childhood filled with roller skating in the street, Stick Ball, and Points (you need to be a New Yorker to fully understand and appreciate the latter two). Although the four-room apartment was quite crowded (no hot water and a bathtub in the kitchen?), it was a home filled with lots of love and closeness of family.

When Marie was in the 8th grade, her father was injured at work, forcing an early retirement. Being the eldest child, Marie needed to join the work force and help support the family. Because she was only 13 and not of age to legally find employment, she experienced a bit of difficulty. Finally, a neighbor assisted with helping Marie secure a job in the garment district. She walked to the train station, and took the train into the city. Her job consisted of trimming loose threads from the garments. Marie recalls hiding when the labor board came around for inspections.

Marie's next job? A seamstress at a company called Girly Form. Marie had an ideal



Marie would frequently attend basketball games and dances at church (though not with her younger sister, who became a nun at age 16 – Sister Mary Armando) where she caught the eye of a handsome young man named Mike Rallo. When Mike asked Marie to dance, she of course said yes and stepped into his arms, causing him to comment, "what a perfect fit" and is most certainly was, for the two began dating shortly after the "perfect fit" dance.

Unfortunately, WW II soon broke out. Mike joined the Army and proposed before leaving, asking Marie to please wait for him to return. And for four years she did just that. Mike was involved in five major battles and at the end of the war, received a letter from President Roosevelt, thanking him for his service.



After the war was over and Mike returned (thankfully, safe and sound), the two lovebirds planned a September wedding. However, Mike stated he waited "long enough" and moved their "football" wedding up to June (ask Marie to explain just exactly what a football wedding is; she'll be happy to tell ya!). Two years after tying the knot, son Jim was born. Tom came along four years later.

Mike and Marie developed a close friendship with five other couples. Weekend fun included dinners, dancing, golf, bowling, and of course vacations. Marie fondly remembers many good times with these great friends. Today, only Marie and Rose, who lives in Florida, remain from the original group.

Several years ago, Mike and Marie decided to leave the Big Apple and move to Aurora (choosing an apartment here at Anna Maria) to be closer to their son, Jim. After enjoying 70 years of a very happy marriage, sadly, Mike passed away in 2017. Though she's endured two heart attacks and a valve replacement, Marie, at the young age of 97, remains physically and spiritually strong. She still loves to dance and enjoys the many activities Anna Maria has to offer. She is extremely proud of her large family, which now includes seven grandchildren (including a doctor and a PhD in child psychology) and 17 great-grandchildren. Although she was not able to complete her education, she's a strong believer in a good education and is happy that her family was able to accomplish their goals. May God continue to bless Marie Rallo with good health and happiness.





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# AUGUST EMPLOYEES OF THE MONTH

#### ANNA MARIA



#### SARAH MILLER, STNA.

Sarah will celebrate 20 years of service the end of the year!

Congratulations to our Anna Maria of Aurora Employee of the Month, Sarah Miller, STNA. Sarah will celebrate 20 years of service the end of the year, and we are beyond fortunate to have someone with her work ethic, passion, and dedication caring for our residents. She leads by example and has gained the trust and respect of her fellow coworkers. Sarah was instrumental in helping us during the first couple difficult months of the Covid-19 pandemic. Congratulations, and keep up the excellent work.

#### KENSINGTON AT ANNA MARIA



#### MELISSA RUEHRER, LPN.

Melissa is a "weekend warrior."

Congratulations to our Kensington at Anna Maria of Aurora Employee of the Month, Melissa Ruehrer, LPN. Melissa is a "weekend warrior" meaning she only works weekends, and families have come to rely on her to answer their questions. Melissa's soft-spoken voice has eased many a worried mind, which is so important during these past few months of no-visitation. We are fortunate to have someone like Melissa caring for our residents. Thank you for your dedication; it does not go unnoticed.

# Anna Maria / Kensington at Anna Maria

#### A LOOK AT WHAT'S BEEN GOING ON!

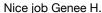
#### ROSARY WITH JOANN

Though Anna Maria is a non-denominational facility, we do have a large group of Catholic residents. As we know, all activities came to a sudden HALT in March. We have slowly but surely introduced socially-distanced activities again, including the rosary. Many thanks to Anna Maria Office Manager Joann Poremba who leads the rosary once a week. The residents sure do appreciate it!



#### CRAFTING KEEPS US BUSY







Not one, but two for Frances H.

Anna Maria residents crafted a simple yet lovely heart craft. How easy? This easy! Residents simply took a capped pen and ran it back and forth over a "black" heart, revealing lots of rainbow colors beneath the black. So heartwarming!

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#### HAPPY, HAPPY BIRTHDAY!





Doloris S. received gorgeous roses

Mary Lou T. looks fabulous at age 99







Karen P. and AL admin assist. Ruth Becht Eleanor H. is surrounded by lots of goodies from her family

Karen P. turned 80 years young

The older you get the better you get, unless you are a banana. – Betty White -July was certainly a busy month for birthdays as several residents celebrated yet another year of life! We wish these lovely ladies continued good health and happiness, and another great year!

#### HAPPY ANNIVERSARY!





Cheryl Spetz (I) with unit manager Jill Bevino

Family Tree Rehab Services

The Campus of Anna Maria recognized several milestone anniversaries in July. We appreciate the dedication of these wonderful employees. Congratulations to Taniya Banks, STNA, 5 years; Cheryl Spetz, LPN, 5 years; Diane Staton, RN, Director of Nursing, 10 years (all Kensington at Anna Maria employees), and the following Family Tree Rehab Services employees on celebrating 10 years: Michelle Clark, Lisa Gleason, Phil Halstead, Mike Kobie, Kelly Phillips, and Amanda Powers.



What a nice-looking cake!



L to R: Lisa, Mike, Phil, Michelle, Amanda, Kelly



Diane Staton



Taniya Banks (with Jill Bevino)

# Assisted / Independent Living

### A LOOK AT WHAT'S BEEN GOING ON!

4TH OF JULY FUN





Joe V. and Marge O. trying to have fun

Catherine F. has just a few more beads to add

Well, it certainly wasn't a typical 4th of July this year- no parade, no sparklers, no fireworks, no cookouts, basically no fun. Assisted living residents made the best of what could have been a boring day by crafting a festive red, white, and blue bracelet. Okay, not as much fun as fireworks, but still brought a smile to many a face.







Fern T. Virginia R. Nikki S.

#### WALKERS ARE WONDERFUL ...

Especially with a beautifully decorated bag hanging from it. The majority of our assisted living residents rely on walkers and rollator walkers to offer assistance and safety while out and about. A bag, and a good-looking bag at that, to hold belongings is a necessity. New bags adorned with sparkles, jewels, and glitter made for a fun activity one fine afternoon.





Catherine P.

A very busy bunch!



Nikki S.'s bag is so pretty



Marge O. decided that simple is best



All the bags turned out really nice



Wow, look at Fern's bag!

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#### PARKING LOT BINGO

Well, why not? Anna Maria Marketing Manager Evan Webster, along with Jackie Gerspacher, Family Tree Home Care Services, hosted an afternoon of "parking lot bingo" with the seniors of Aurora in the parking lot (one car, every two spaces) at Hartman Fields on Townline Road. Though the sky was a bit cloudy and gray, the rain held off and bingo went off without a hitch. Creativity is a must during these difficult times, and as they say, the show must go on.





**BLACK-EYED SUSAN FLOWERS** 



AL / IL Activity Director Lisa McFarland took this beautiful pictures of Black-Eyed susan flowers right outside the AL/IL entrance. These beauties are part of the sunflower family and are heat and drought resistant, making a wonderful addition to any garden.

A MASK A DAY...



Keeps the germs away! Emily Durbin shows off her new mask. Looking good Emily!

#### WHAT'S FOR DINNER?

Ribs, that's what's for dinner! Ribs were on the menu one night for dinner, and we know the best way to prepare ribs is on the grill! Cook Delvon Blanton takes pride in his rib grilling, and the end result is absolutely TASTY! Thank you Delvon for the most delicious meal. Looking forward to seeing ribs on the menu again SOON!





#### A BOUNTIFUL CROP OF TOMATOES AND ZUCCHINI IN YOUR GARDEN?

Store those beautiful tomatoes at cool room temperature out of direct sunlight. If the tomatoes are green, layer in a shallow box, separating each one with paper. How quickly the greenies ripen depends upon the room temperature (at about 55 degrees, 25-28 days – 65 to 70 degrees, about 14 days). Never refrigerate fresh tomatoes if you prefer that fresh, off-the-vine taste. Enjoy!





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## **RECIPE TIME!**

#### **ZUCCHINI BREAD**

Is that garden overflowing with zucchinis? Here is an awesome recipe for zucchini bread, courtesy of Sally Baltes, Anna Maria Director of Nursing. It's her grandmother's "secret" recipe, so you know it's a good one. Make a double batch and share!



Sally Baltes, Anna Maria Director of Nursing

#### **INGREDIENTS**

- 3 cups all purpose flour
- 1 t. salt
- 1 t. baking soda
- 1 t. baking powder
- 3 t. ground cinnamon
- 3 eggs
- 1 cup vegetable oil (or substitute 1 cup unsweetened applesauce for a lower calorie bread)
- 2 <sup>1</sup>/<sub>4</sub> cups white sugar
- 1 T. vanilla extract
- 2 cups grated zucchini
- 1 cup chopped pecans (optional)
- <sup>3</sup>/<sub>4</sub> cup mini chocolate chips (optional but just do it)

#### **DIRECTIONS**

- **1.** Grease and flour two (2) 8x4 inch pans. Preheat oven to 325 degrees F
- 2. Sift flour, baking powder, baking soda, and cinnamon together
- 3. Beat eggs, oil, vanilla, and sugar together in a large bowl. Add sifted ingredients to the creamed mixture and beat well. Stir in zucchini (nut and chips if using) and mix until well combined.
- **4.** Pour batter into prepared pans and bake for 40 to 60 minutes, or until a toothpick comes out clean
- **5.** Cool in pan on rack for 20 minutes. Remove from pan and cool completely

## **CALENDAR**

#### THE MONTH OF AUGUST

Anathh, August, the last full month of summer, and often considered the "dog days of summer." Did you know that August was named to honor the first Roman emperor (and grandnephew of Julius Caesar), Augustus Caesar (63BC-AD14)? In the early Roman calendar, August was actually the sixth month of the year. Originally 30 days in length, an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

August 2 - National Coloring Book Day! What's your favorite crayon color? Cerulean? Asparagus?

August 6 - Would have been the first NFL preseason football game - all preseason games cancelled

August 16 - National Tell a Joke Day

August 18 - World Photography Day

**August 25-31** – National Be Kind to Humankind Week – Let's take kindness to the next level, as we sure are in need of this now!

**August 26** – National Dog Day – Show Fido some extra love and think about volunteering at your local animal welfare organization

**August 27** – World Rock, Paper, Scissors Day – Rock will win 35.4% of the time!

# **AUGUST BIRTHDAYS!**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Phyllis Gray Patricia Vigder
2	3 Edward Peace	4 Susan McIntyre Marion Lightner	5 Marlys Balch	6 Richard Groff Ken Swanson	7	8
9	10	11 Dorothy Ivons	12	13 Helen Wujnovich	14 William Kish	15
16	17	18 Happy 100th! Mary Lee Hendee	19 Gary Brodie	20	21	22 Betty Silla
23	24	25 Phil Dorenkott	26 Dorothy Hatala	27	28 Ingeborg Williams	29
30	31					

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# ON THIS DATE...

### THE MONTH OF AUGUST

06

1945

U.S. drops atomic bomb on Hiroshima, Japan (what was the name of this bomb?)



18

1920

100th anniversary of the 19th amendment, granting women the right to vote (\*\*\* see below for a few facts on this milestone) 11

1929

Babe Ruth becomes 1st baseball player in history to hit 500 home runs (who holds the current record at 762)



21

1959

Hawaii becomes the 50th state (what year did Alaska join the USA?)



16

1977

Elvis Presley is found unconscious in his Graceland mansion and rushed the hospital, where he is pronounced dead

28

1963

Dr. Martin Luther King Jr. delivers his famous "I Have a Dream" speech in Washington D.C. (how many minutes long is this speech)

#### **FUN FACT**

\*\*In less than four months, America citizens will exercise their right to vote for the next president of the United States. Though the 14th Amendment to the Constitution was passed by Congress in 1866 (men age 21 and over who are residents of the United States have the right to vote), however, it was not until August 18, 1920 that the 19th amendment passed, granting women the right to vote. Elizabeth Cady Stanton, Lucretia Mott, and Susan B. Anthony led the movement to win the right to vote, beginning in the mid-19th century. In November 1872, though it was illegal, Anthony registered and cast her vote on election day in her home state of New York. She was arrested and fined \$100, which she said was an unjust penalty. She never paid the fine. Almost 50 years later, the 19th amendment was passed, and on November 2, 1920, more than 8 million American women voted in the general election (with Warren J. Harding winning by popular vote).

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